

Protective Factors

Pathways to more opportunities

Promising Futures

QIC  Domestic Violence
in Child Welfare

Advancing an Adult & Child Survivor-Centered Approach



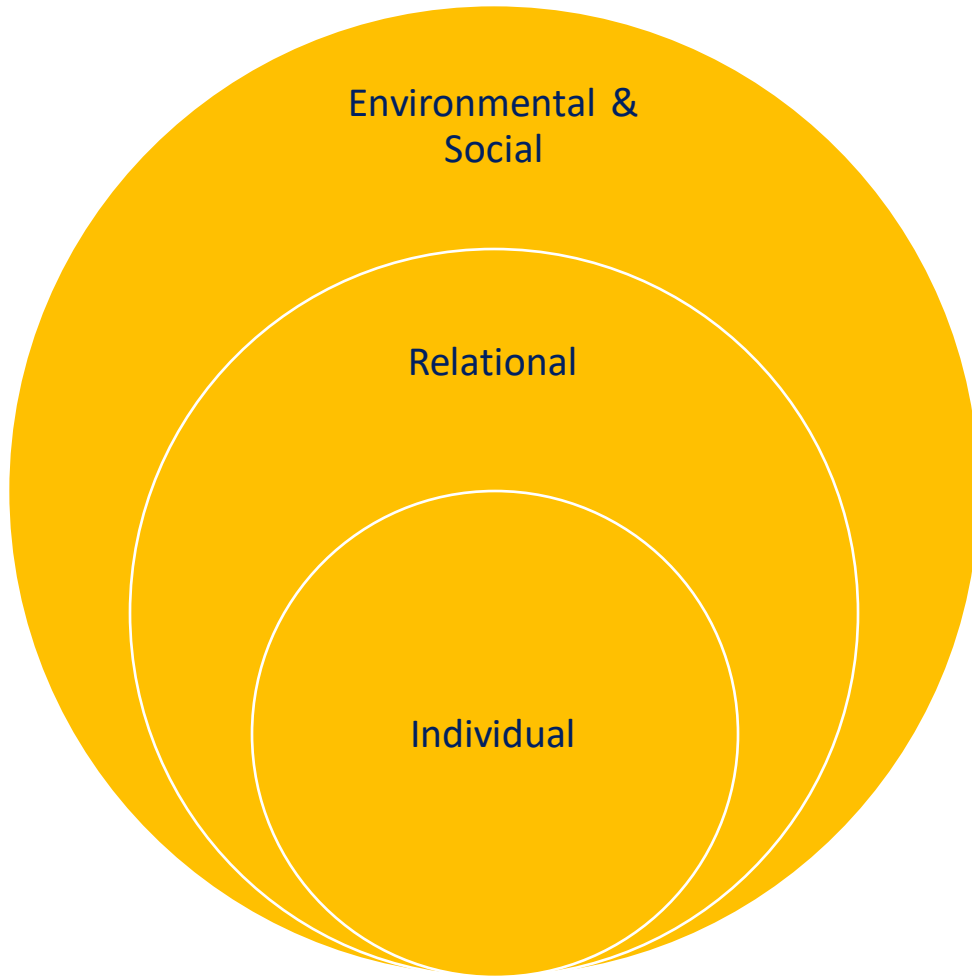
Learning Agenda

- **Learn** about the science of resilience.
- **Describe** five protective factors that reduce the negative impacts of domestic violence on adult and child survivors of domestic violence and promote their healthy development and well-being.
- **Explore** opportunities for strengthening systems of care to incorporate protective factors for survivors.

An illustration of a person with dark skin and long hair, wearing a blue shirt and orange pants, flying a large, orange, bat-like wing. The person is holding onto the wing's frame. The wing is spread wide, and the person is in the center. The background is a light blue sky with white clouds and many white birds flying. The bottom of the image shows green trees and foliage. The text is overlaid on the lower part of the image.

What experiences and conditions are essential to a healthy and happy childhood (and life)?

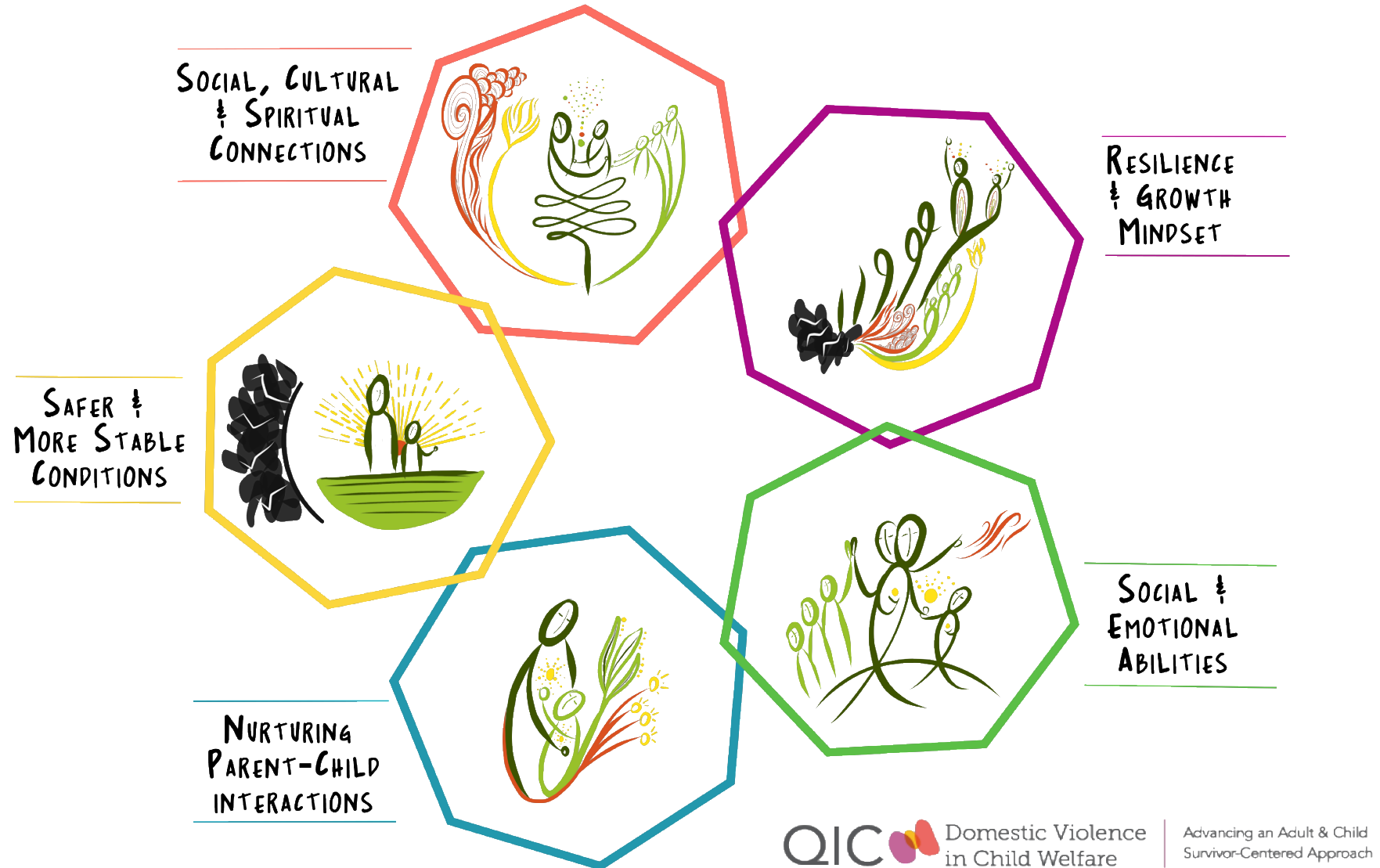
What are **Protective** Factors for Survivors of Domestic Violence?



Individual and relational attributes, as well as environmental and social conditions, that:

- Reduce the impact of DV risk factors
- Establish conditions that support safety, healing, and well-being of **both adult and child survivors**
- Build individual strengths
- Promote healthy development
- Enable primary and secondary prevention

PROTECTIVE FACTORS FOR SURVIVORS OF DOMESTIC VIOLENCE



The Brain Explained

...in 3 minutes

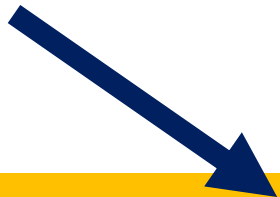
Environments influence our health, happiness, safety, and success

Positive interactions & conditions

- Body
- Mind
- Emotions



Behaviors

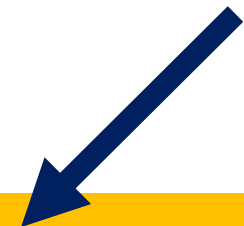


Negative interactions & conditions

- Body
- Mind
- Emotions



Behaviors



**We can build resilient &
growth promoting environments**

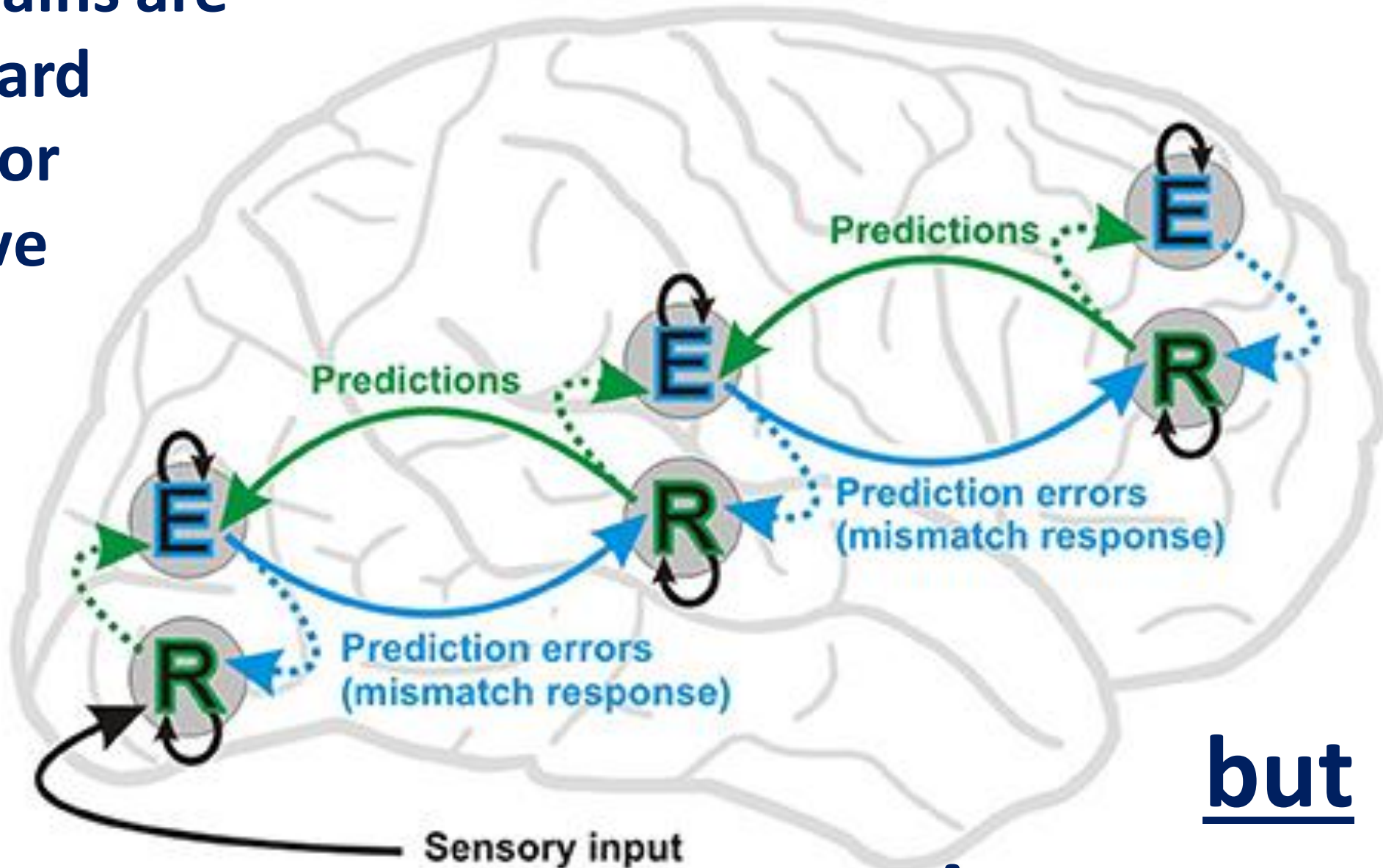
**ON PURPOSE
BY DESIGN**



Poll Question

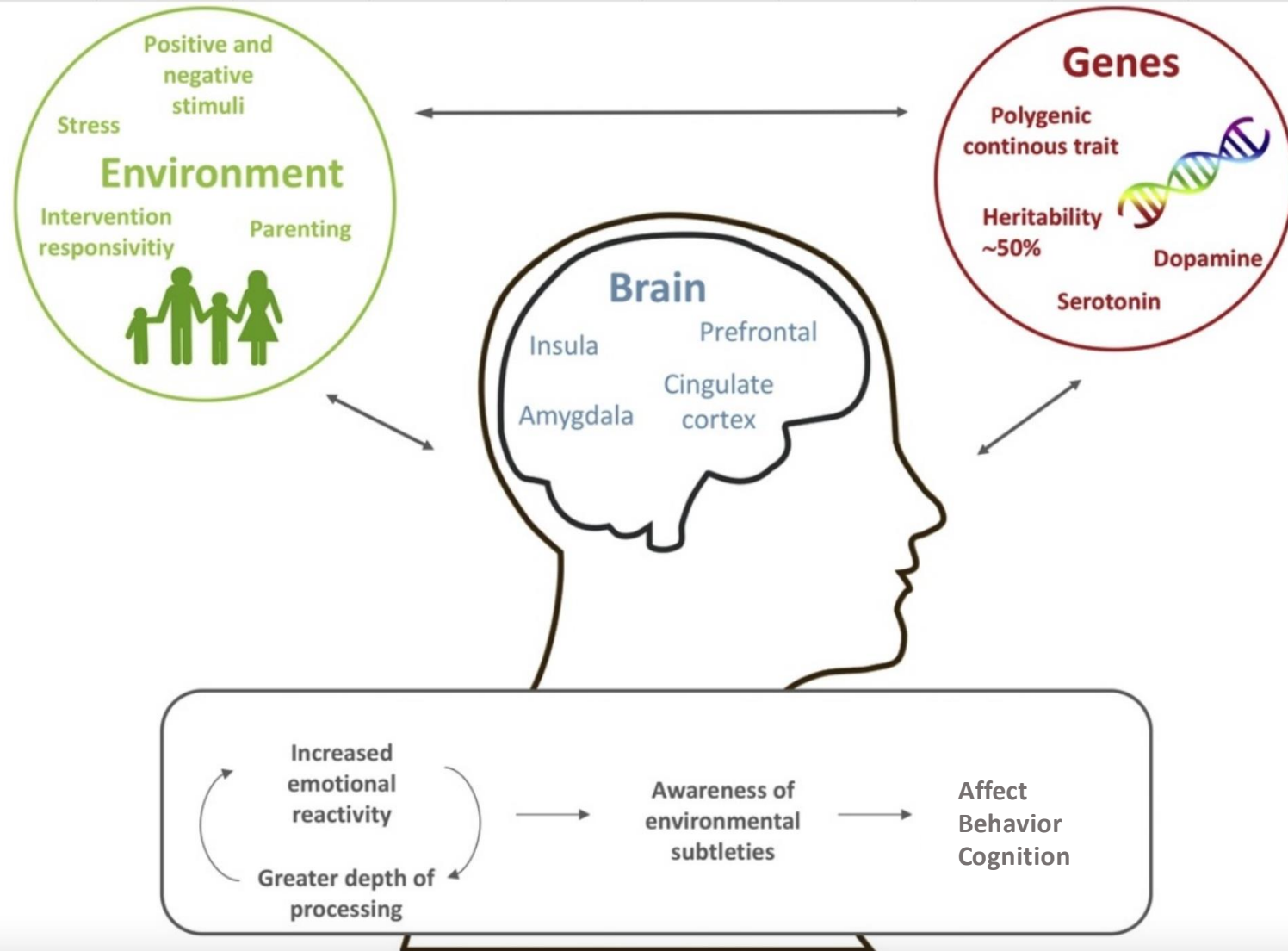
- Where do you see opportunities in your work to build ON PURPOSE and BY DESIGN healing experiences and promotive conditions for children and families impacted by violence, based on what you've heard so far?

Our brains are
NOT hard
wired or
reactive



but
interconnected!

How do we make sense and meaning of things?

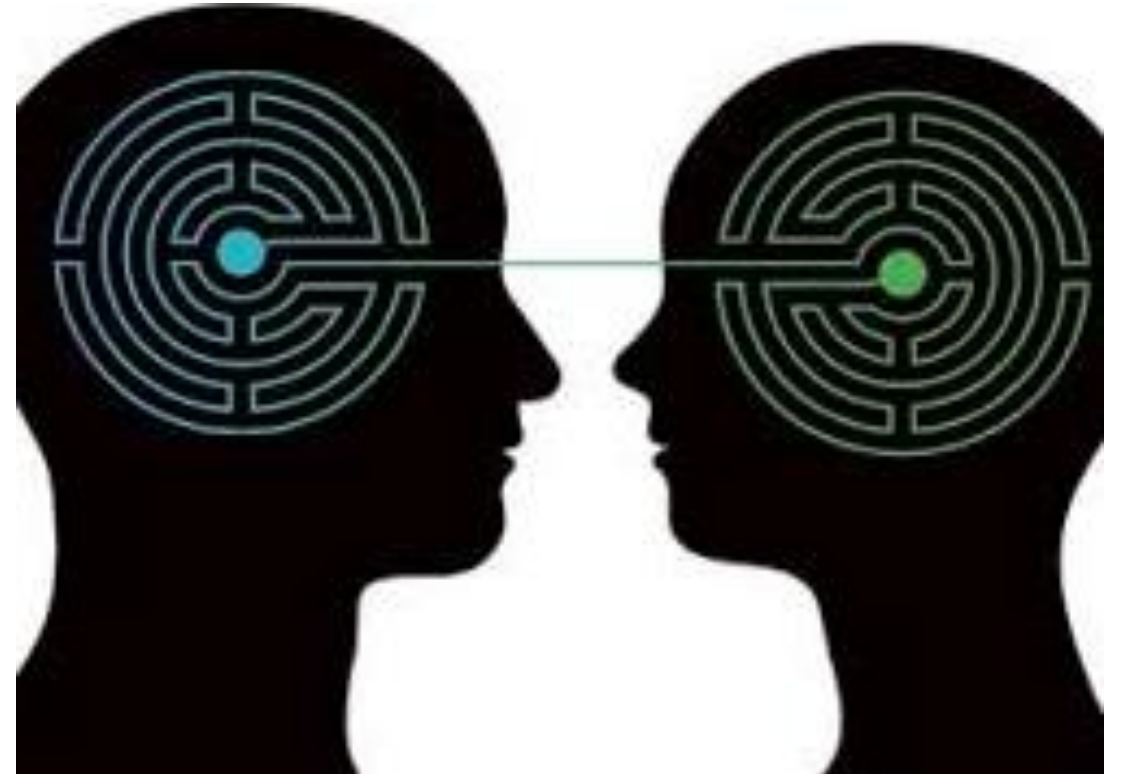


What influences our decision and actions?

Facial recognition



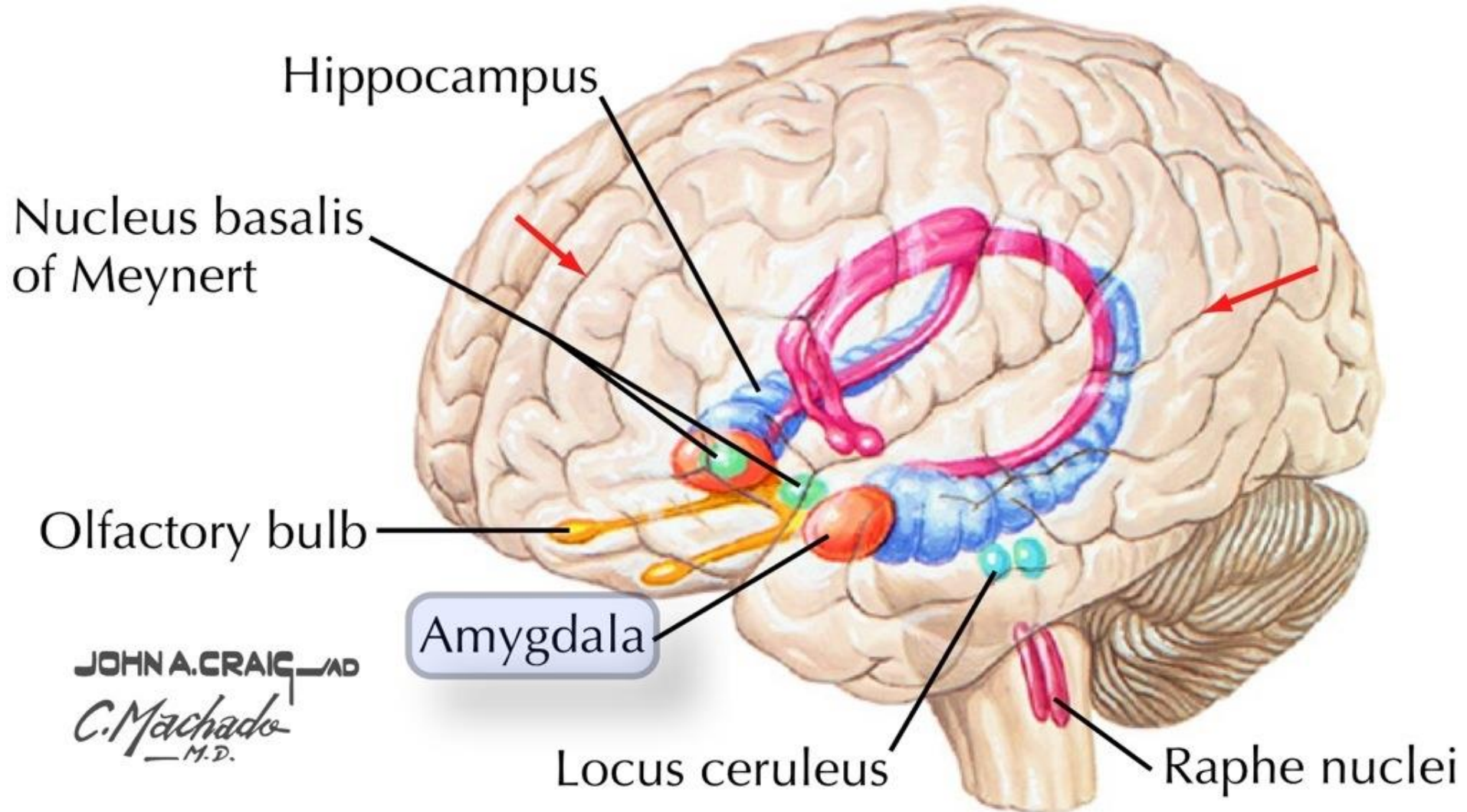
Empathy



Chat Question

- What program and organizational/policy touchpoints provide opportunities to introduce new meaning through intentional design of experiences and conditions of service design? How might you repair past harm or experiences and conditions to promote resilience and wellbeing?

So...context matters that much, huh?

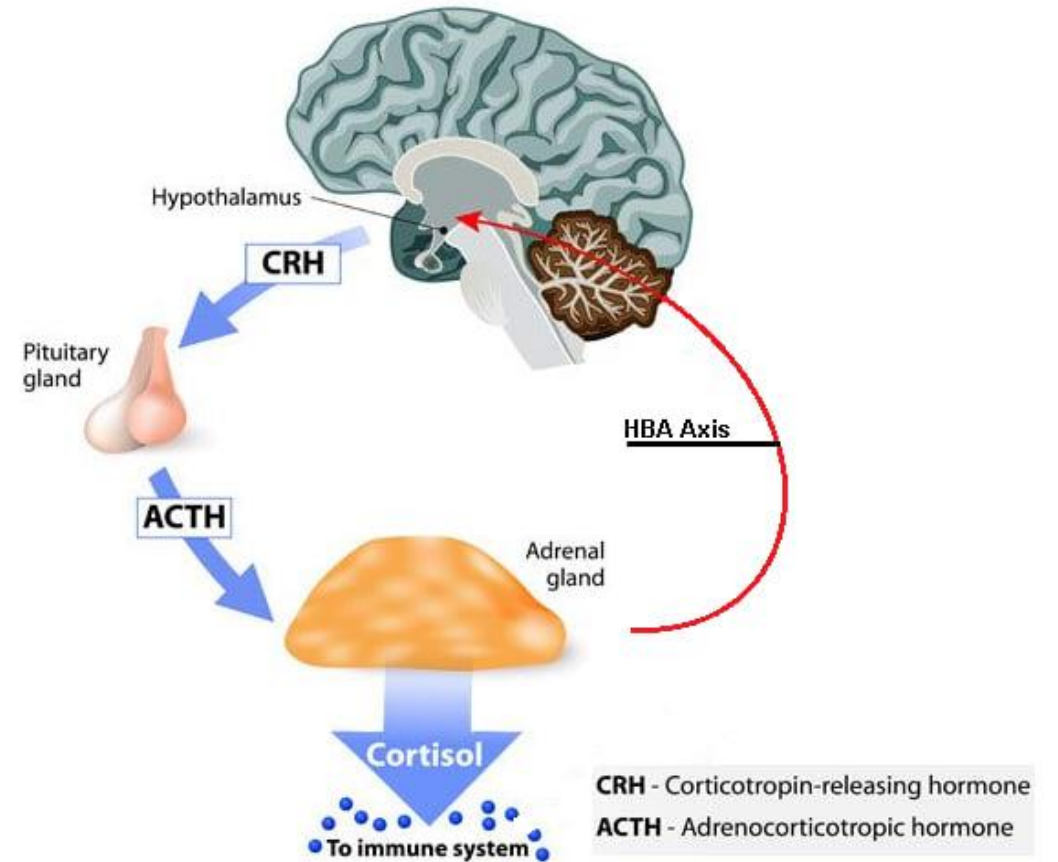


How deep does all this go?

A rat mother regularly licking her pups, giving them lots of space to nestle into her underside.



A rat mother barely licking her pups and providing almost no tactile stimulation.



How far back does all this go?



Chat Question

- How do you account for cultural relevance and historical trauma in your prevention, response, and program designs?

Every Profession Has Its Own Language

**Language
of
Protection**



**Language
of
Empowerment**



**Language
of
Well-being**



Chat Question

- What are the professional norms that influence how you practice/work and what professional norms drive your decision making?



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Let's try it/practice!!

How might protective factors be integrated into your work?

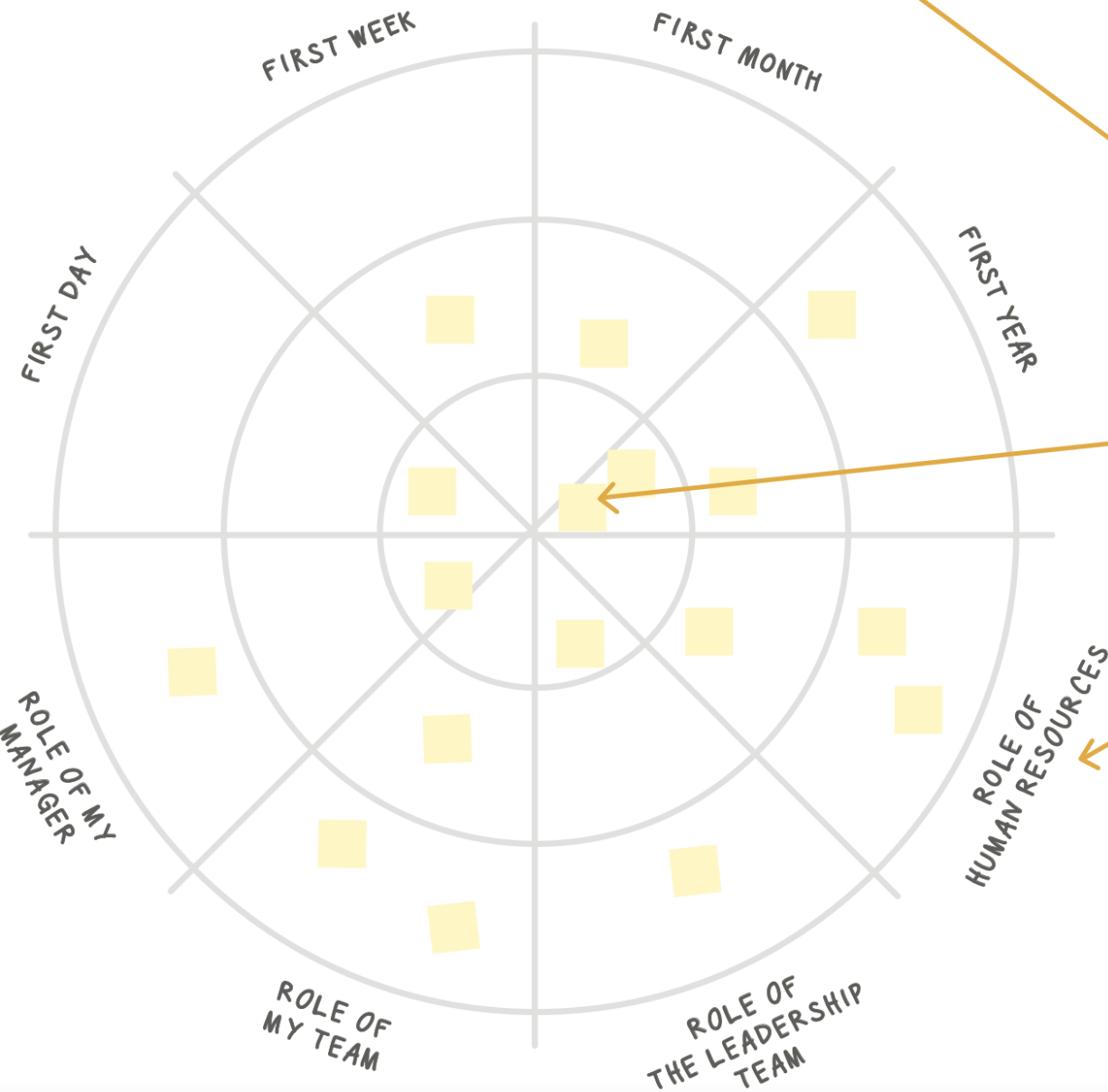


	Protective Factors Alignment Tool				
Decision or Recommendation:					
	Safer & More Stable Conditions	Nurturing Parent-Child Interactions	Social, Cultural, Spiritual Connections	Social & Emotional Capabilities	Resilience & Growth Mindset
How does your decision or recommendation align with the protective factors?					
How does your decision or recommendation work against the protective factors?					

Poll Question

- Do you think this matrix could help you assess if and how your program strategies and policies are enabling protective factors?

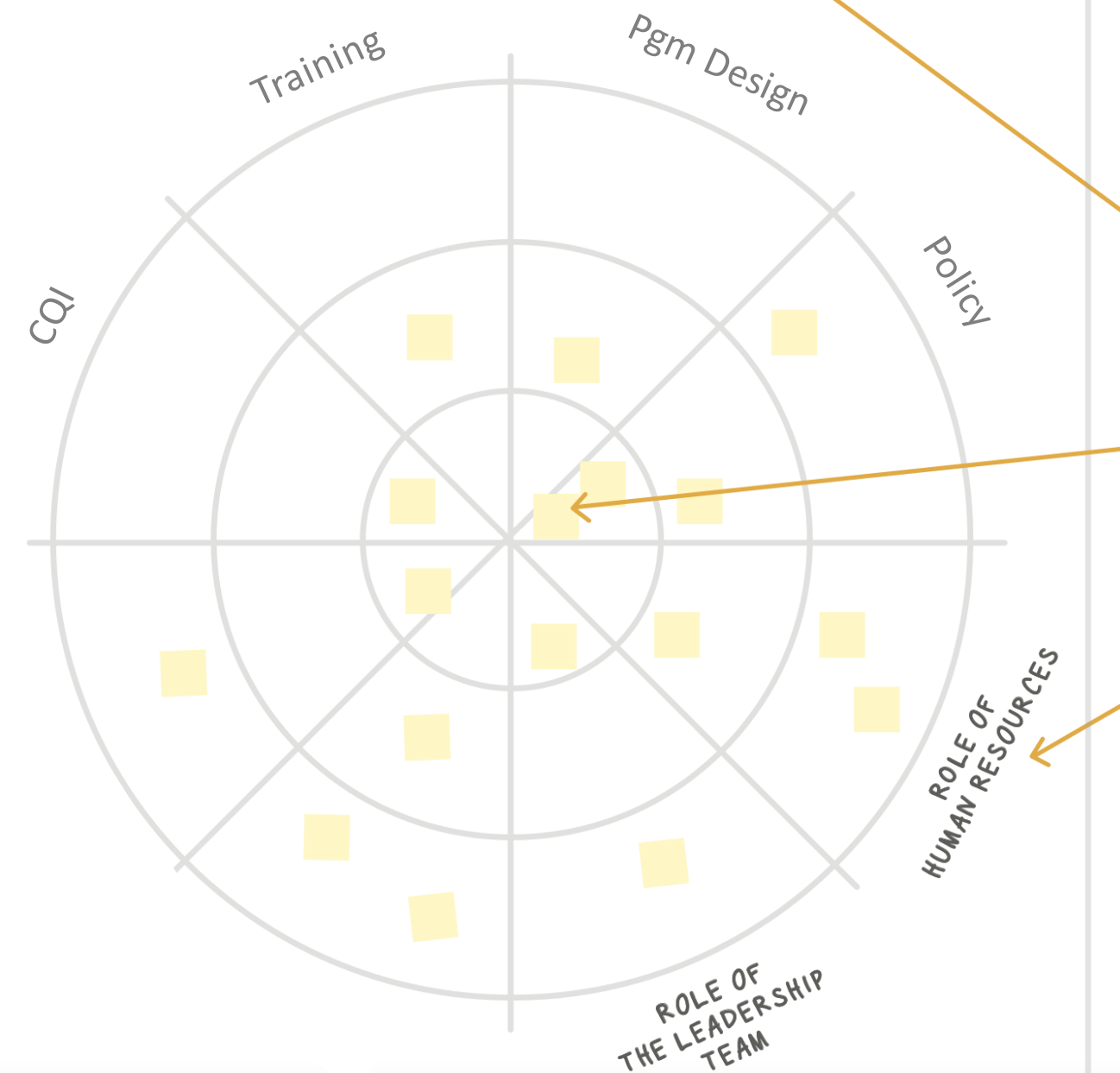
EMPLOYEE ONBOARDING



What's On Your Radar

- A human centered design technique > discovery in design
- People organize items within domains based on their significance
- Like a radar, significance is interpreted by proximity to the center.
- Things outside the outer rim are blips of no concern

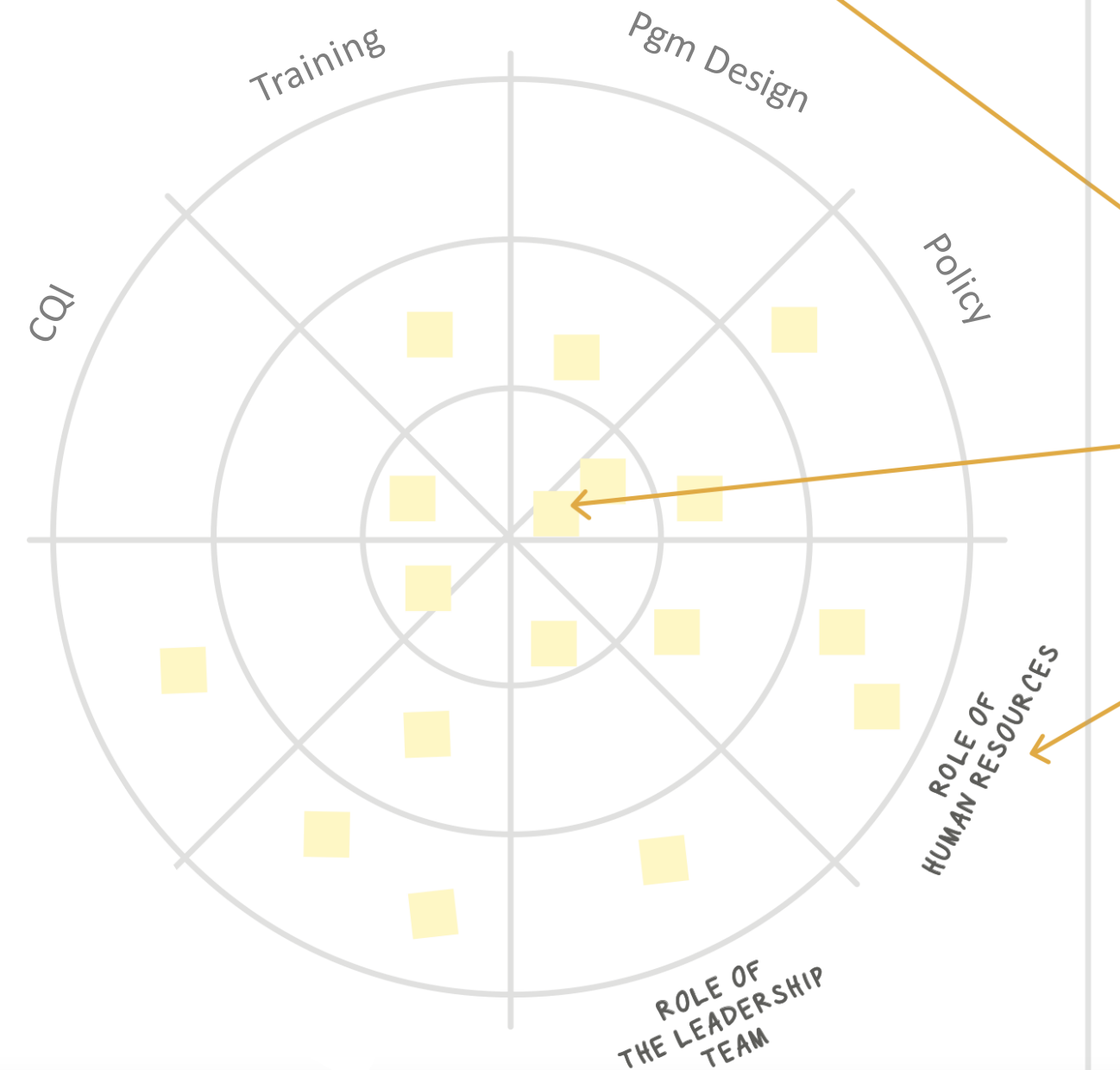
Protective Factors



What's On Your Radar

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Protective Factors



What's On Your Radar

- Social, Cultural, Spiritual Connections
- Safer and More Stable Conditions
- Resilience & Growth Mindset
- Nurturing Parent-Child Relationships
- Social & Emotional Abilities

Poll Question

- Do you think the "What's on Your Radar" activity could help you assess the significance of protective factors in your current program and policy design?

7 Learning Points and Quick Wins



Healing is possible.
Resilience is built. Context matters!



Protective factors are
design principles to be used
ON PURPOSE.



Decision making is highly
vulnerable to bias



Full spectrum thinking is
necessary to address bias

7 Learning Points and Quick Wins



FULL SPECTRUM DECISION MAKING IS ACHIEVED BY TAKING A LANDSCAPE VIEW, THROUGH CROSS-SECTOR COLLABORATION, AND IS ALSO A TEAM ACTIVITY



DON'T DO BUSINESS AS USUAL – THINK OUTSIDE THE BOX AND THE BUILDING!



PROTECTIVE FACTORS AS AN EQUITY STRATEGY DEPENDS ON HOW WILLING AND PREPARED YOU ARE TO DESIGN THE EXPERIENCES AND CREATE THE CONDITIONS THAT MITIGATE THE NEGATIVE EFFECTS OF TRAUMA AND PROMOTE WELLBEING



For more information, please visit:

- **Futures Without Violence:**
<https://www.futureswithoutviolence.org/>
 - **Promising Futures:**
<https://promising.futureswithoutviolence.org/>
 - **QIC-DVCW:**
<https://dvchildwelfare.org/>
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This webinar is supported by Grant Number 90EV0532-01-00 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Points of view in this training are those of the authors and do not necessarily reflect the official positions or policies of the U.S. Department of Health and Human Services.

Evaluation

**Your feedback is valuable to us and helps inform our programming!
Please fill out this short survey :)**

<https://www.surveymonkey.com/r/ZLSYMHY>

Thank You

Questions?