

**“Trauma-informed Approaches to Domestic Violence Exposure, Adverse
Childhood Experiences and Resiliency”
Closed Captioning Transcript**

March 25th, 2015, 3:00 PM – 4:30 PM ET

>> GOOD AFTERNOON AND THANK YOU

FOR HOLDING.

YOUR LINES WILL REMAIN ON THE

LISTEN ONLY MODE FOR THE

DURATION OF TODAY'S CONFERENCE.

THE CALL IS NOW BEING RECORDED,

IF YOU HAVE ANY OBJECTIONS

PLEASE DISCONNECT AT THIS TIME.

I WOULD NOW TURN THE CALL OVER

TO SHAWNDELL DAWSON.

THANK YOU, YOU MAY BEGIN.

>> THANK YOU.

WELCOME, EVERYONE.

THIS IS SHAWNDELL DAWSON, I'M A

SENIOR PROGRAM SPECIALIST WITH

THE FAMILY VIOLENCE PREVENTION

AND SERVICES PROGRAM HERE IN THE

ADMINISTRATION FOR CHILDREN AND

FAMILIES AND THE FAMILY AND

YOUTH SERVICES BUREAU.

WE'RE VERY PLEASED SO MANY OF

YOU HAVE BEEN INTERESTED IN

JOINING US.

WE HAD OVER 1500 PEOPLE REGISTER

TO PARTICIPATE IN THIS WEBINAR,

AND WHAT THAT SAYS TO US IS THAT

THIS TOPIC IS VERY IMPORTANT TO

YOU ALL, AND TO YOUR WORK AND WE

WANT TO THANK YOU FOR YOUR

INVESTMENT IN SUPPORTING

CHILDREN AND YOUTH.

AS WELL AS THEIR PARENTS.

THE OFFICE OF HEAD START AND THE
OFFICE OF CHILD CARE AND THE
FVPSA PROGRAM ARE PLEASED TO
WELCOME YOU TO THE LAUNCH OF OUR
FIRST WEBINAR SERIES.

EACH MONTH FOR FOUR MONTHS WE'LL
HAVE A WEBINAR THAT WILL FOCUS
ON THE IMPORTANT WORK AROUND
SUPPORTING CHILDREN, POSED TO
DOMESTIC VIOLENCE AND FORMING
PARTNERSHIPS WITH FAMILIES AS
WELL AS PARTNERSHIPS IN THE
COMMUNITIES.

THIS WEBINAR IS ENTITLED
TRAUMA-INFORMED APPROACHES TO
DOMESTIC VIOLENCE EXPOSURE,
ADVERSE CHILDHOOD EXPERIENCES
AND RESILIENCY.

OVER THE NEXT 90 MINUTES,
REBECCA LEVENSON, AS WELL AS
LEIANA KINNICUT WILL BE SPEAKING
WITH YOU ALL ABOUT THE ADVANCED
THINKING RELATED TO ADVERSE
CHILDHOOD EXPERIENCE AND
CHILDREN'S EXPOSURE TO DOMESTIC

VIOLENCE, AND EMPHASIZING WAYS WE CAN SEE OPPORTUNITIES FOR PRIMARY PREVENTION, AND AS WELL AS SUPPORT TRAUMA-INFORMED PARENTING, AND PREVENT THE INTERGENERATIONAL TRANSMISSION OF VIOLENCE, TRAUMA, AND ABUSE WHERE WE CAN.

THIS IS ALSO AN OPPORTUNITY TO PROVIDE RESOURCES AND INFORMATION FOR CHILD CARE PROVIDERS, HEAD START DIRECTORS, EARLY CHILDHOOD WORKERS AND FAMILIES IN THINKING ABOUT THE IMPACT OF CHILDREN'S EXPOSURE TO VIOLENCE, WHAT RESOURCES MAY BE AVAILABLE TO BE SUPPORTIVE, AND HOW WE CAN SUPPORT WORKING ON IMPROVING THE HEALTH AND WELL-BEING OF CHILDREN'S AND FAMILIES THAT ARE SERVED BOTH WITHIN CHILD CARE PROGRAMS AS WELL AS HEAD START PROGRAMS ACROSS THE COUNTRY.

WE KNOW THAT RELATIONSHIPS WITH

CARING AND SUPPORTIVE ADULTS
PROVIDE A PROTECTIVE RESOURCE
FOR BOTH PARENTS AND CHILDREN
WHO HAVE EXPERIENCED DOMESTIC
VIOLENCE.

AND WE ALSO KNOW THAT AS EARLY
CHILDHOOD WORKERS AND EARLY
CHILDHOOD SPECIALISTS, YOU HAVE
A VITAL ROPE IN FORMING
RELATIONSHIPS WITH FAMILY,
THINKING ABOUT THE DEVELOPMENT
OF CHILDREN AND ALSO CONNECTING
FAMILIES TO RESOURCES.

SO YOU'RE IN A VERY CRITICAL
POSITION TO BE ABLE TO PROVIDE
SUPPORT TO BOTH FAMILIES AND
CHILDREN AS WELL AS STAFF WHO
MAY BE SUPPORTING.

CHILDREN IN YOUR CAR.

ON BEHALF OF THE OFFICE OF HEAD
START AND THE OFFICE OF CHILD
CARE AS WELL AS CAROLYN DEAN, I
WANT TO THANK NOT ONLY OUR
SPEAKERS FOR TODAY FOR SHARING
THEIR EXPERTISE, BUT TO THANK

OUR PRESENTERS FOR ALL YOUR
THOUGHTFULS IN AND HELPING US
PUT TOGETHER A VERY
COMPREHENSIVE PLATFORM.
I HOPE YOU'LL THINK THAT THIS
WEBINAR IS VERY HELPFUL IN
CONNECTING YOU ALL TO IMPORTANT
INFORMATION AND HELPING TIME
PROVE YOUR WORK AND SUPPORT
FAMILIES.
WOULD I LIKE TO PASS THE FLOOR
TO MIE, SO THEY CAN TALK YOU
THROUGH THE TECHNOLOGICAL
COMPONENTS OF THIS WEBINAR.
MIE?
>> THIS IS KARI, AND I'M GOING
TO JUMP IN FOR MIE.
THIS IS KARI SONMORE WITH THE
BATTERED WOMEN'S JUSTICE
PROJECT.
I'M HERE TO HELP WITH THE
TECHNOLOGY TODAY.
I WOULD LIKE TO ACKNOWLEDGE THAT
WE RECEIVED AN OVERWHELMING
AMOUNT OF REGISTRATIONS FOR THIS

WEBINAR, AND WE APPRECIATE ALL
YOUR PATIENCE THROUGHOUT THE
REGISTRATION PROCESS.

AND NOW ALSO THROUGH THE
TECHNICAL SOUND ISSUES.

BEFORE WE START, I'D LIKE TO
BRIEFLY GO OVER SOME LOGISTICS.

IF YOU DO HAPPEN TO GET
DISCONNECTED FROM THE WEBINAR AT
ANY POINT IN TIME, JUST GO BACK
TO THAT ORIGINAL EMAIL AND CLICK
ON THE JOIN LINK, AND THAT
SHOULD LOG YOU BACK IN.

IF YOU NEED HELP LOGGING ON, YOU
CAN CALL SUPPORT, AND YOU CAN
REACH THEM AT 1-800-799-4510.

LET ME TYPE THAT INTO THE CHAT
BOX AS WELL.

YOU CAN FIND THE CHAT BOX AT THE
LOWERRER LEFT CORNER OF THE
SCREEN.

TO USE THIS FEATURE, PUT YOUR
CURSOR IN THE BOTTOM WHITE RECK
TANGLE, ENTER YOUR TEXT AND USE
THE ENTER KEY.

WE HAVE MUTED ALL THE PARTICIPANTS, SO PLEASE USE THIS FOR COMMENTS, QUESTIONS THAT YOU HAVE.

AND IF YOU DO WANT TO -- RUN INTO TECHNICAL PROBLEMS, I'D ASK IF YOU COULD SHARE A PRIVATE CHAT WITH ME.

CLICK ON THE PRIVATE TAB, DOUBLE CLICK ON MY NAME, WHICH IS KARI SONMORE, AND THEN A BOX WILL OPEN UP FOR YOU TO SEND ME A PRIVATE CHAT.

LOOKS LIKE A LOT OF YOU HAVE ALREADY FIGURED OUT HOW TO USE THE PUBLIC CHAT, BUT FOR THOSE WHO HAVEN'T, JUST LET US KNOW WHERE YOU'RE JOINING US FROM TODAY.

IF YOU COULD JUST TYPE THAT INTO THE PUBLIC CHAT, THAT WOULD BE GREAT.

AND THEN FOR THOSE WHO ARE ONLY ON THE AUDIO PORTION TODAY, IF YOU HAVE ANY QUESTIONS, WE CAN

STILL GET THOSE OVER TO THE
PRESENTERS.
PLEASE SEND AN EMAIL OVER TO
LEIANA KINNICUT, AND SHE WILL
MAKE SURE TO BRING THE QUESTIONS
UP TO THE WEBINAR.
AND HER EMAIL ADDRESS IS
LKANNICUTT@FUTURESWITHOUTVIOLENCE
.ORG.

AND I BELIEVE MIE ALSO SENT AN
EMAIL TO EVERYBODY WITH THAT
EMAIL ADDRESS TO KEEP THAT ON
FILE THERE.

WE ARE RECORDING THE WEBINAR
TODAY, AND THIS WILL BE
AVAILABLE IN TWO BUSINESS DAYS.
WE'LL SEND OUT A FOLLOW-UP EMAIL
TO EVERYONE WITH THE LINK TO
THIS RECORDING.

EWILL ALSO INCLUDE THE POWER
POINT SLIDE AND RESOURCES WE'LL
BE USING DURING THE
PRESENTATION.

THAT'S ALL I HAVE TODAY, SO I'LL
PASS IT TO OUR PRESENTER,

REBECCA LEVENSON.

>> THANK YOU, KARI AND THANK YOU
SHAWNDELL.

I'M SO EXCITED TO BE JOINING ALL
OF YOU TODAY.

I'M FAST FORWARDING MY SLIDES.

AS SHAWNDELL MENTIONED, YOU'RE
RECIPIENTS OF SOMETHING VERY HOT
OFF THE PRESS HERE AT FUTURES
WITHOUT VIOLENCE, AND I SHOULD
BACK UP AND INTRODUCE MYSELF.

I AM REBECCA LEVENSON, AND I
WORK AS A SENIOR POLICY ANALYST
AT FUTURES FOR ABOUT 13 YEARS.

AND I CONSULT FOR THEM.

AND MY COLLEAGUES AND I HAVE
BEEN THINKING A LOT ABOUT
ADVERSE CHILDHOOD EXPERIENCES
AND HOW WE HELP THE FIELD SEE
THE FOREST THROUGH THE TREES.

SO WE HAVE AS YOU CAN SEE, THE
IMPACT OF TRAUMA BEYOND ADVERSE
CHILDHOOD EXPERIENCE ASSIST WHAT
WE'RE GOING TO BE TALKING ABOUT
TODAY.

WHAT WE'RE GOING TO BE DOING IS
GIVING YOU A DEFINITION OF
TRAUMA, WE'RE GOING TO TALK
ABOUT THE IMPACT OF ADVERSE
CHILDHOOD EXPERIENCES, WE'RE
GOING TO TALK ABOUT THE EFFECTS
OF ADVERSE CHILDHOOD
EXPERIENCES, SPECIFICALLY ON
PARENTING SKILLS, AND WE'RE
GOING TO BE LOOKING AT DOMESTIC
VIOLENCE AS WELL.

WE'RE GOING TO BE TALKING ABOUT
RESILIENCY, AND WE'RE GOING TO
BE TALKING ABOUT CONCRETE
STRATEGIES THAT YOU CAN BE DOING
WITH PARENTS IN YOUR PROGRAM.

SO BEFORE I LAUNCH, I WOULD LOVE
TO HAVE A SENSE OF WHO IS ON THE
PHONE.

SO HOPEFULLY YOU'LL ALL SEE THIS
POLL QUESTION AND YOU CAN SELECT
WHICH OF THE FOLLOWING BEST
REPRESENTS THE WORK DO YOU IN
THE FIELD SO I HAVE A SENSE AS I
USE EXAMPLE AND SORT OF MOVE US

FORWARD WHO'S IN THE ROOM WITH
US, SO TO SPEAK.

SO IF YOU COULD CLICK ON WHICH
OF THESE BEST DESCRIBES YOUR
OCCUPATION.

THAT WOULD BE GREAT.

>> YOU SHOULD BE ABLE TO CLICK
ON THE CIRCLE NEXT TO YOUR
CHOICE.

>> IT LOOKS LIKE MAYBE FOLKS ARE
HAVING DIFFICULTIES DOING THAT.

ARE FOLKS ABLE TO CLICK ON IT?

MAYBE YOU CAN LET US KNOW IN THE
PUBLIC CHAT IF YOU'RE ABLE TO
SEE THE POLL AND IF YOU'RE ABLE
TO CLICK ON IT.

>> YES, I CAN ON MY END.

>> OK.

THERE WE GO.

OK.

THAT'S GREAT.

THANK YOU.

I'LL GIVE YOU JUST A SECOND
MORE.

AND MIE, MAYBE --

CAN YOU LEAVE THE NUMBERS UP FOR

ME?

OK.

PERFECT.

THANK YOU.

SO I HAVE A GOOD SENSE OF WHO'S

JOINED US ON THE CALL.

LET'S GO TO THE NEXT SLIDE, AND

IT'S ALSO A POLL QUESTION.

AND I'M WONDERING OF THE FOLKS

ON THE CALL TODAY, HOW MANY OF

YOU HAVE HAD TRAINING ON ADVERSE

CHILDHOOD EXPERIENCES?

THIS IS THE NEXT QUESTION.

HOW MANY OF YOU HAVE HAD

TRAINING ON ADVERSE CHILDHOOD

EXPERIENCES SPECIFICALLY?

AND --

SO SOME OF YOU HAVE AND SOME OF

YOU HAVE NOT.

SOME OF YOU, THIS IS NEW

INFORMATION TO YOU.

OK.

GREAT.

PERFECT.

MOVING ON.

WHO IS THIS MODULE FOR?

IT'S REALLY FOR THE RANGE OF PROVIDERS THAT I SEE HAVE JOINED US ON THIS CALL.

SO EVERYONE FROM HOME VISITATION, TO EARLY CHILDHOOD, DOMESTIC VIOLENCE PROGRAMS, CHILD WELFARE PROGRAMS, PEDIATRIC PROGRAMS.

AND I GUESS ONE OF THE THINGS WE'RE REALLY EXCITED ABOUT WITH THIS WORK IS THAT WE REALLY ARE HOLDING SOMETHING WE CALL A WELLNESS LENS.

AND IT'S ABOUT BUILDING RESILIENCY SKILLS AND RESILIENT PROGRAMMING, AND OUR WHOLE PHILOSOPHY IS ABOUT HOW TO DO THIS WORK IN A TRAUMA-INFORMED WAY.

SO IT'S A SHIFT FROM WHAT IS WRONG, AND SITTING TOO LONG AND WHAT IS WRONG TO WHERE DO WE WANT TO GO?

WHERE DO WE TAKE ALL THE
INFORMATION THAT WE LEARN ABOUT
ADVERSITY AND APPLY IT TO WHAT
CONCRETE THINGS MAKE A
DIFFERENCE IN FAMILIES' LIVES.

I THINK A REALLY IMPORTANT PLACE
TO START IS ALWAYS WITH ALL OF
YOU, RIGHT?

SO HERE WE ARE TALKING ABOUT THE
WORK THAT YOU DO WITH FAMILIES,
AND WE RECOGNIZE THAT MANY OF US
ON THIS PHONE MAY HAVE HAD THEIR
OWN EXPERIENCES WITH TRAUMA,
RIGHT?

SO TRAUMA IS PREVALENT.

I ALWAYS ASSUME THERE'S
SURVIVORS, SURVIVORS OF
CHILDHOOD ABUSE, SURVIVORS OF
DOMESTIC AND SEXUAL ABUSE ON THE
CALL WITH US, SO WE WANT TO
RECOGNIZE THERE ARE THINGS THAT
MAY COME UP THAT MIGHT BE
TRIGGERING AND WE WANT YOU TO BE
AWARE, TAKE CARE OF YOURSELF
FIRST.

TAKE A BREAK IF YOU NEED, TO
ETC.

YOU CAN ALWAYS GO BACK AND
LISTEN TO THIS IF YOU NEED TO
TAKE A BREAK.

I LOVE THIS PARTICULAR IMAGE.
THIS IS A PICTURE OF HILLS IN
MARIN COUNTY.

IT'S BY AN ARTIST NAMED CRISTO,
AND THIS IS THE RUNNING FENCE.
IT'S A CRAZY THING, BECAUSE WHAT
HE HAD TO DO IS PARTNER WITH
RANCHERS, INDIVIDUAL HOMEOWNERS,
PUBLIC LAND, TO RUN THIS CRAZY,
BEAUTIFUL WHITE FENCE ALL ACROSS
THE HILLS OF MARIN COUNTY.

SO IT'S AN EXAMPLE OF
PARTNERSHIP THAT'S SORT OF
BEAUTIFUL.

AND I THINK THIS QUOTE FIT WAS
THAT IMAGE.

TO PUT THE WORLD IN ORDER, WE
MUST FIRST PUT THE NATION IN
ORDER.

TO PUT THE NATION IN ORDER, WE

MUST FIRST PUT THE FAMILY IN
ORDER.

TO PUT THE FAMILY IN ORDER, WE
MUST FIRST CULTIVATE OUR
PERSONAL LIFE, WE MUST FIRST SET
OUR HEARTS RIGHT.

SO AGAIN, WHEN WE THINK ABOUT
THIS WORK, IT REALLY BEGINS WITH
US AS WE MOVE OUT INTO OUR
CIRCLE AND OUR WORK AND
COMMUNITY.

SO WHAT IS TRAUMA?
IT'S AN EXPERIENCE THAT'S
OVERWHELMING FOR THAT PERSON.
AND IT LOOKS DIFFERENT FOR ALL
OF US.

YOU CAN SEE THERE'S A YOUNG GIRL
WHO HAS TWO OTHER GIRLS SAYING
MEAN THINGS ABOUT HER LIKELY IN
THE BACKGROUND.

SOMEONE ELSE IS IN AN EMERGENCY
ROOM.

YOU CAN SEE A DOG IS BITING A
PERSON AND ON THE STAIRS YOU SEE
A CHILD WHO IS WITNESSING

DOMESTIC VIOLENCE.

THIS IS A UNIVERSAL EXPERIENCE.

SO I WANT --

I WISH WE WERE TOGETHER IN ONE

ROOM, BECAUSE I THINK IT'S

POWERFUL WHEN WE CAN HAVE A CHAT

ABOUT IT.

BUT I THINK IT WORKS VIRTUALLY

TOO.

WHAT I'D LIKE YOU TO DO, EVERY

PERSON RIGHT NOW, TO CLOSE YOUR

EYES.

AND I WANT TO YOU THINK ABOUT A

TIME IN YOUR LIFE WHEN I FELT

HELPLESS.

AND I DON'T MEAN BIG HELPLESS, I

MEAN LITTLE HELPLESS.

LIKE YOU WERE IN A CAR ACCIDENT,

MAYBE YOU LOST YOUR CHILD IN THE

GROCERY STORE FOR FIVE MINUTES

AND YOUR HEART WAS RACING.

MAYBE YOUR CELL PHONE DIED IN

THE MIDDLE OF AN IMPORTANT PHONE

CALL AND THERE WAS NO CHARGER.

JUST TAKE A SECOND AND THINK

ABOUT WHAT WAS GOING ON FOR YOU
AND HOW YOU WERE FEELING INSIDE.
AND CHANCES ARE DECENT THAT YOU
HAD A RANGE OF EXPERIENCE.
THAT DEPENDING UPON IF WE
WERE --
WHO YOU ARE AND WHAT YOUR
EXPERIENCE WAS, IT MIGHT LOOK
DIFFERENT.
SO MAYBE YOU HYPER VENTILATED.
MAYBE YOU FELT REALLY HOT ALL
OVER.
MAYBE YOUR HEART WAS RACING,
MAYBE HAD YOU A HARD TIME
CATCHING YOUR BREATH.
MAYBE ALL THE BLOOD WENT INTO
YOUR STOMACH AND YOU FELT
NAUSEATED.
MAYBE YOU FELT PANICKY, LIKE
I'VE GOT TO GET OUT OF HERE.
MAYBE TIME STOPPED FOR YOU.
THE CHANGE OF EXPERIENCES IS OF
COURSE DIFFERENT DEPENDING UPON
WHAT'S GOING ON, BUT WHAT I WANT
YOU TO DO RIGHT NOW, BECAUSE I

JUST TOOK YOU ON A JOURNEY,
WHERE I ASKED YOU TO LOOK AT
SOMETHING THAT WAS DIFFICULT FOR
YOURSELF, A MOMENT IN TIME WHERE
YOUR HEART RACED, I WANT TO TAKE
A MOMENT AND ACKNOWLEDGE THAT I
JUST ASKED YOU TO DO THAT.

AND I WANT TO GIVE YOU AN
EXAMPLE OF THE KIND OF THINKING
THAT WE'VE BEEN DOING THAT FOLKS
SHOULD BE PROMOTING AMONG
THEMSELVES WITHIN THEIR
PROGRAMS, ALONG WITH THE THINGS
THEY'RE PROMOTING WITH THE
FAMILIES THEY WORK WITH.

SO RIGHT NOW SITTING IN YOUR
CHAIR, WHAT I WANT YOU TO DO IS
TAKE A DEEP BREATH IN, HOLD IT
FOR A COUNT OF THREE, AND BLOW
IT OUT.

AND YOU CAN SEE HERE THAT THIS
IS AN EXERCISE IF YOU'RE ABLE TO
STAND UP AND PUT YOUR BACK
AGAINST THE WALL, OR RUB YOUR
HANDS UNDER COLD WATER, THESE

ARE EVIDENCE-BASED EXAMPLES OF
THE KINDS OF THINGS THAT CAN
HELP BRING THE BLOOD BACK INTO
YOUR BRAIN AND HELP YOU SORT OF
RECALL ARBITRATE AFTER YOU'VE
GONE THROUGH A TRIGGERING
EXPERIENCE.

AND THAT'S THE CORE OF WHAT ALL
OF THIS WORK IS ABOUT.

HOW DO WE BUILD THESE THESE
KINDS MUCH THINGS FOR HOME
VISITORS, FOR EARLY CHILDHOOD
HEAD START WORKERS, ETC.

IN THE FIELD.

THIS IS A SHIFT FROM REACTIVITY,
SO WE TALKED ABOUT ALL OF THOSE
THINGS THAT YOU WERE FEELING AS
A RESULT OF THINKING ABOUT
SOMETHING THAT MADE YOU
HELPLESS, TO A STATE OF
RESOURCEFULNESS.

AND THAT EXAMPLE I GAVE, YOU CAN
DO THE BACK AGAINST THE WALL, OR
DEEP BREATHING, PUTS US IN
MOMENTS OF CRISIS.

I ALSO THINK THAT IT'S IMPORTANT
WHEN WE'RE THINKING ABOUT
ADVERSE CHILDHOOD EXPERIENCES
THAT WE THINK ABOUT THE BIGGER
PICTURE OF TRAUMA.

CERTAINLY THERE ARE MORE THINGS
THAT AFFECT PEOPLE'S LIVES THAN
WHAT'S ON THAT ADVERSE CHILDHOOD
EXPERIENCES LIST.

I KNOW SOME OF YOU HAVEN'T HEARD
THE LIST YET, BUT IT'S COMING.

THESE ARE ALSO THINGS THAT
AFFECT CHILDHOOD AND PARENTING
AND ADULTS.

SO COMMUNITY VIOLENCE, BULLYING,
POVERTY, OPPRESSION, ALL OF
THESE THINGS AFFECT HEALTH AND
WELL-BEING.

SO THE GOAL FOR PROGRAMS IS THAT
WE WANT A TRAUMA-INFORMED BIG
PICTURE THINKING IN THE PROGRAM.

SO ACEs AND DOMESTIC VIOLENCE
ARE JUST PART OF THE BIG
PICTURE.

WE WANT TO FOCUS ON WHAT WORKS

AND WHAT HELPS, RATHER THAN
SPENDING A HUGE BIG DIG DEEP
INTO LOOKING INTO ALL BAD
THIFNTLE I'LL TALK MORE ABOUT
WHAT I MEAN WHEN WE GET FARTHER
IN THE SLIDES.

SO I THINK MOST IMPORTANTLY
BEFORE I LAUNCH INTO WHAT IS
ACEs AND THE BIGGER THINKING
ABOUT TRAUMA IS THAT IT'S NOT A
DESTINY.

SO POPULATION DATA WILL MAKE IT
SEEM LIKE IT IS, BUT HANG ON, IT
GETS BETTER.

WHAT IS GETTING LOST IN
TRANSLATION?

THE DATA YOU'RE ABOUT TO BE
EXPOSED TO IS OVERWHELMING.

I HAVE SOMEONE READING --
BREATHING DEEP INTO A PAPER BAG
BECAUSE I THINK FOR FOLKS WHO
HAVE NEVER HEARD THIS WORK
BEFORE, IT'S POWERFUL,
ESPECIALLY IF YOU YOURSELF HAVE
A LARGE NUMBER OF ACEs AND

YOU'VE NEVER HAD ANYBODY MAKE
THOSE CONNECTIONS BEFORE.

INDIVIDUAL CHILDHOOD EXPERIENCE
SCORES ARE NOT NECESSARILY
PREDICTIVE OF POOR SCORES.

ACEs HELP US BETTER UNDERSTAND
THE CONNECTION TO OURSELVES AND
OUR HEALTH, RELATIONSHIPS AND
PARENTING, SO IT'S PART OF THE
STORY BUT IT ISN'T THE WHOLE
STORY, AND RESILIENCY IS A
REALLY IMPORTANT PIECE OF THE
STORY AS WELL.

SO I JUST WANT TO DO A CHECK 95,
AND THIS IS A POLL QUESTION.

SO MIE, I THINK YOU'RE GOING TO
GIVE THEM A DIFFERENT BOX TO
LOOK AT.

I'M JUST WANT TO DOUBLE-CHECK
WITH THE AUDIENCE, WHO IS THIS
GOING FOR YOU THUS FAR?

AM I TOO FAST?

SHOULD I --

THAT'S NOT THE RIGHT POLL
QUESTION.

WE'RE DOING A LITTLE POLL

QUESTION, MIE, ON WHAT THE
PACING IS LIKE FOR THE VIEWER IF
THAT'S POSSIBLE.

MAYBE THAT'S QUESTION FOUR FOR
YOU.

THAT WAS PERFECT.

CAN YOU SHOW THAT LITTLE PIE
CHART AGAIN, MIE?

SO I CAN SEE WHAT THEY'RE SAYING
TO US?

>> LET ME GIVE FOLKS A LITTLE
BIT OF TIME TO ANSWER --

>> OK.

YEAH.

PERFECT.

IT LOOKS LIKE FOR MOST PEOPLE
THE PACING IS ABOUT RIGHT.

A FEW FOLKS WOULD LIKE IT
SLOWER, OK, BUT IT LOOKS LIKE

THE BULK OF FOLKS ARE FEELING
LIKE IT'S JUST RIGHT.

PERFECT.

THANK YOU.

SO MOVING ON, ADVERSE CHILDHOOD

EXPERIENCES.

LET ME TELL YOU ABOUT THE STUDY.

THERE WAS A DOCTOR AT KAISER
PERMANENTE IN SOUTHERN
CALIFORNIA, AND WHAT HE WANTED
TO LOOK AT WAS THE ISSUE OF
OBESITY IN HIS PATIENT
POPULATION.

AND THAT'S ACTUALLY THE FUNNY --

THIS IS WHY THE STORY IS FUNNY.

HE WAS LOOKING AT THE ISSUE OF
OBESITY, HE GOT MONEY FROM
KAISER TO PUT TOGETHER AN
INTERESTING GROUP OF EXPERTS
AROUND THE ISSUE OF OBESITY.

SO RECOGNIZING THAT PATIENTS WHO
ARE MORBIDLY OBESE HAVE MULTIPLE
HUNDREDS OF POUNDS TO LOSE,
THEY'RE MORE LIKELY TO HAVE
DIABETES, HEART DISEASE, HIGH
BLOOD PRESSURE, AND STROKE, AND
ALL OF THESE OTHER HEALTH
EFFECTS.

WHAT IF WE COULD HELP FOLKS WHO
WANTED TO BE HELPED BY OFFERING

THEM A WHOLE MENU OF SUPPORT?

SO HE HAD A BEHAVIORAL HEALTH
SPECIALIST ON HIS TEAM, HE HAD A
NUTRITIONIST ON HIS TEAM, YOU
WERE ABLE TO GET A DRUG CALLED
OXYFAT, WHICH IF YOU TAKE IT
PERFECTLY YOU CAN LOSE 300
POUNDS SAFELY IN ONE YEAR.

HE HAD EXERCISE EXPERTS ON
STAFF, ETC.

SO BASICALLY THE IDEA WAS THAT
YOU AS A PATIENT AT KAISER
PERMANENTE COULD VOLUNTEER INTO
THIS GROUP AND WORK ON WEIGHT
LOSS IF THAT WAS SOMETHING YOU
WANTED TO DO.

AND WHAT HAPPENED IS, AS HE WAS
WORKING ON THIS STUDY, WOMEN AND
MEN STARTED LOSING WEIGHT, LET'S
SAY 100, MAYBE 150, 200 POUNDS,
BUT THEY'RE SHORT OF THE GOAL,
THEY WANTED TO LOSE 400 POUNDS,
AND THEY STARTED DROPPING OUT OF
THE PROGRAM.

AND IN PARTICULAR HE SAW A LARGE

NUMBER OF WOMEN DROPPING OUT OF
THE PROGRAM.

SO HE GOT SOME MONEY TO DO A
QUALITATIVE STUDY TO ASK WOMEN
WHY THEY DROPPED OUT OF THE
PROGRAM.

AND ONE DAY HE MADE THE MISTAKE
AS HE WAS ASKING SOME QUESTIONS
OF ONE OF THE WOMEN WHO HAD
DROPPED OUT, INSTEAD OF ASKING
THE QUESTION, HOW MUCH DID YOU
WEIGH THE LAST TIME YOU HAD SEX,
REASONABLE QUESTION, HE ASKED,
HOW MUCH DID YOU WEIGH THE FIRST
TIME YOU HAD SEX?

AND HER ANSWER WAS SOMETHING
LIKE, 47 POUNDS.

AND WHAT HE WOULD SAY IS THAT HE
IN HIS PRACTICE HAD NEVER REALLY
MET ANY PATIENT THAT HAD
EXPERIENCED INCEST, THAT HE
NEVER HAD MADE THE CONNECTION
HIMSELF TO HOW PERHAPS AN
ADVERSITY IN CHILDHOOD MIGHT BE
CONNECTED TO LONG-TERM HEALTH

CONSEQUENCES.

THAT'S REALLY HOW THE STUDY WAS
BORN.

AND HE STARTED ASKING OTHER
QUESTIONS.

SO IN ADDITION TO ASKING
QUESTIONS ABOUT DID YOU
EXPERIENCE SEXUAL ABUSE AS A
CHILD, HE ASKED ABOUT EMOTIONAL
ABUSE.

PHYSICAL ABUSE.

HE ASKED ABOUT PHYSICAL AND
EMOTIONAL NEGLECT.

HE ASKED ABOUT WHETHER YOUR
PARENTS HAD BEEN SEPARATED OR
DIVORCED, SUBSTANCE ABUSE,
WHETHER YOUR MOM IS EXPERIENCED
DOMESTIC VIOLENCE, MENTAL
HEALTH, AND HE ASKED IF YOUR
PARENTS HAD BEEN INCARCERATED.

AND WHAT'S IMPORTANT ABOUT THIS
KAISER PERMANENTE STUDY IS THIS
WAS A FAIRLY AFFLUENT GROUP HE
WAS WORKING WITH.

SO THE DOMINANTLY FOLKS WERE

WHITE, MOST OF THEM HAD BEEN COLLEGE EDUCATED, AND AS YOU CAN SEE HERE, NO ONE EXPECTED TO SEE THE KIND OF PREVALENCE THAT WE SEE.

YOU CAN SEE THAT IN TERMS OF CHILDHOOD SEXUAL ABUSE, 22% OF THE PARTICIPANTS SAID THEY HAD EXPERIENCED CHILDHOOD SEXUAL ABUSE, 28% HAD EXPERIENCED PHYSICAL ABUSE, AND WHEN I'M TALKING ABOUT PHYSICAL ABUSE, I'M NOT TALKING ABOUT SPANKING, I'M TALKING ABOUT YOU RECEIVED AN INJURY FROM YOUR PARENT AS A RESULT OF THE PUNISHMENT YOU RECEIVED.

AND YOU CAN SEE HERE THE HIGHLIGHTED ONES TOWARD THE BOTTOM IS THE PREVALENCE OF INTIMATE PARTNER OF VIOLENCE.

WHAT'S IMPORTANT TO KNOW IS WHERE THERE'S ONE ACE, ONE ADVERSE CHILDHOOD EXPERIENCE THERE'S A WHOLE --

IT'S A LOT LIKELY THERE WILL BE

ANOTHER.

SO WHAT ARE THE EFFECTS OF

ACEs ON ADULT HEALTH?

FOR THOSE OF YOU WHO HAVE HAD

TRAINING BEFORE, I'M GOING TO

LET YOU TYPE IN THE CHAT BOX AND

MIE IS GOING TO HELP ME BRING UP

THIS POLL QUESTION, AND LET YOU

ALL JUST SORT OF TYPE IN.

ACTUALLY, MIE, I'M GOING TO SKIP

THIS ONE, BECAUSE IT CAN TAKE A

WHILE.

I'LL GO AHEAD AND JUMP IN INTO

WHAT KINDS OF THINGS WE'VE SEEN

RELATED TO ACEs.

WE KNOW IT'S CONNECTED TO

OBESITY, HEART DISEASE, CANCER,

LIVER DISEASES, RIGHT, NO

SURPRISE IT'S CONNECTED TO

MENTAL HEALTH OUTCOMES, DRUG AND

ALCOHOL ABUSE, AND IN TERMS OF

THE BIGGER THINKING ABOUT

DOMESTIC VIOLENCE, I THINK IT'S

IMPORTANT TO NOTE THAT THERE'S A

95% PROBABILITY THAT A CHILD
GROWING UP WITH DOMESTIC
VIOLENCE WILL BE EXPOSED TO AT
LEAST ONE OTHER ACE.

AND MORE THAN A THIRD OF
CHILDREN EXPOSED TO DOMESTIC
VIOLENCE PERHAPS FOUR OR MORE
ACEs.

I WANT TO SPLOA YOU THE SPLIT OF
THIS THINKING.

ADVERSE CHILDHOOD EXPERIENCES
ARE RISK FACTORS FOR ADULTS.

AMONG PERSONS WHO HAD THREE
FORMS OF VIOLENT CHILDHOOD
EXPERIENCES, THEY HAD

EXPERIENCED CHILDHOOD SEXUAL
ABUSE, PHYSICAL ABUSE AND THEY
WITNESSED DOMESTIC VIOLENCE, THE
CHANCES THAT A WOMAN WOULD BE AT
RISK FOR VICTIMIZATION WAS
INCREASED 3 1/2 TIMES, AND THE
RISK OF PERPETRATION AMONG MEN
WAS INCREASED BY 3.8.

SO YOU CAN SEE THAT THESE
THINGS, RIGHT, ARE CONNECTED.

AND WHAT'S IMPORTANT ABOUT THIS
BIGGER PICTURE, FUTURES HAS
THOUGHT LONG AND HARD ABOUT.
THIS HISTORICALLY WE'VE BEEN
FOCUSED ON CHILDHOOD EXPOSURE TO
DOMESTIC VIOLENCE, AND WHAT
WE'VE REALIZED IS THAT THE SILO
APPROACH DOESN'T ALLOW US TO
LOOK AT THE BIG PICTURE.
AND HERE'S SOME NICE EXAMPLES OF
SILOS.
SO WHY TALK ABOUT ACEs IN THE
CONTEXT OF DOMESTIC VIOLENCE?
BECAUSE WE'RE LOOKING TO CREATE
A TRAUMA INFORMED FRAMEWORK FOR
CHILDHOOD ADVERSITIES THAT ALLOW
US TO LOOK AT THE BIGGER
PICTURE.
THAT'S THE TRUTH OF OUR
FAMILIES.
WE REALLY BELIEVE ACEs
THINKING MUST BE INTEGRATED INTO
DOMESTIC VIOLENCE PROGRAMMING
AND PRACTICE AND VICE VERSA.
SO WHY DOES THIS MATTER?

FOR THOSE OF YOU WHO ARE DOING
WORK WITH CHILDREN ON THIS
PHONE, AND I THINK IT'S THE BULK
OF YOU, YOU KNOW TRAUMA AND
ATTACHMENT WITH A PARENT ARE
LINKED.

AND EXPOSURE TO TRAUMA AND THE
PROCESS OF LEARNING TO TRUST,
CAREGIVERS WILL FORM
RELATIONSHIPS THAT CAN --
TRAUMA DESTROYS THE PROCESS OF
LEARNING TO TRUST CAREGIVERS.

SO WHAT WE WANT TO DO IS INVEST
IN RELATIONSHIPS BETWEEN MOMS
AND CHILDREN.

WE KNOW MOMS' PAST AND RECENT
TRAUMATIC EXPERIENCES INCREASE
THE RISK OF A WHOLE HOST OF
PARENTING PROBLEMS, INCLUDING
CHILD NEGLECT, HISTORY OF CHILD
PROTECTIVE SERVICES, PHYSICAL
PUNISHMENT, BUT WE ALSO KNOW
SOCIAL SUPPORT AND TAKING CARE
OF ONE'S OWN NEEDS, SO FOR THE
MOM, TAKING CARE OF HER OWN

NEEDS, ARE PROTECTIVE FACTORS
THAT REDUCE THE LIKELIHOOD OF
THESE OUTCOMES, AND THAT'S WHAT
WE'RE STRIVING FOR IN OUR
PROGRAM.

SO WHY FOCUS ON STRENGTHENING
RESILIENCY?

IF WE WERE LIVE I CAN SAY, WHY
ARE YOU DOING THIS IN YOUR
PROGRAM?

AND YOU WOULD COME WITH A WHOLE
HOST OF REASONS.

I THINK WHAT WE'D ALSO COME UP
WITH AS A GROUP IS THE
PROTECTIVE FACTORS HAVE A
STRONGER INFLUENCE ON CHILDREN
WHO GROW UP WITH ADVERSITY AND
SPECIFIC FACTORS THAT STRESSFUL
LIFE EVENTS DO.

MEAN FG WE CAN FOCUS ON THESE
STRENGTHS AND BUILD UP
PROGRAMMING THAT ADDRESSES THESE
PIECES THAT SUPPORT RESILIENCY,
WE CAN MAKE A HUGE DIFFERENCE IN
THE LIVES OF CHILDREN.

AND WHAT'S IMPORTANT TO US TOO
IS THE PROTECTIVE FACTORS REMAIN
CONSISTENT ACROSS DIFFERENT
ETHNIC, SOCIAL, GEOGRAPHICAL,
AND HISTORICAL BOUNDARIES.
SO RESILIENCE.

WHAT ARE WE TALKING ABOUT?

I THINK IT'S IMPORTANT TO NOTE
NOT ALL CHILDREN ARE EQUALLY
AFFECTED BY ADVERSE CHILDHOOD
EXPERIENCE EXPOSURES.

AND THAT'S PART OF WHAT WE'RE
GOING TO BE HOLDING.

WE'RE GOING TO HOLD THIS --

WE'RE GOING TO TALK ABOUT HOW
DOMESTIC VIOLENCE AND ACEs
AFFECTS KIDS.

WE KNOW THAT THE IMPACT OF
CHILDHOOD EXPOSURE TO DOMESTIC
VIOLENCE AND ACEs HAS A
HUGE --

CAN HAVE A HUGE IMPACT ON BRAIN
DEVELOPMENT.

IT CAN BE ASSOCIATED WITH
PHYSICAL CHANGES IN THE BRAIN,

ALTERED BRAIN CHEMISTRY, IT CAN
LEAD TO PROBLEMS THAT INTERFERE
WITH A CHILD'S ABILITY TO SELF
REGULATE, FOCUS, AND LEARN.
AND THOSE THREE PIECES IS SO, SO
IMPORTANT TO A CHILD'S
DEVELOPMENT AND HOW THEY MANAGE
FOR THE REST OF THEIR LIVES.
SO THIS IDEA THAT WE'RE GOING TO
FOCUS ON THOSE THREE PIECES IS I
THINK EXCITING IN THE CONTEXT OF
THE WORK WE'RE DOING ON ACEs.
NO SURPRISE TOO, KIDS WHO HAVE
BEEN EXPOSED TO ADVERSE
CHILDHOOD EXPERIENCES, DOMESTIC
VIOLENCE, OTHER COMMUNITY
VIOLENCE TRAUMA, THEY EXPERIENCE
DIFFICULTY IN SCHOOL.
THEY HAVE --
THEY'RE MORE LIKELY TO HAVE
DEVELOPMENTAL DELAYS, AND
BEHAVIORAL PROBLEMS.
IN TERMS OF ADDITIONAL SYMPTOMS,
AND THIS IS SOME WORK FOR
MAKING --

WE CAN SEE EVERYTHING FROM SLEEP
DISTURBANCES, TO HAIR LOSS,
AGGRESSION, FAILURE TO THRIVE,
THESE ARE KIDS THAT NUMB OUT,
THEY HAVE POOR IMPULSE CONTROL,
THEY HAVE INCREASED ISSUES OF
ASTHMA, THE LIST GOES ON.

VERY SIMILAR TO WHAT WE'RE
SEEING IN ADULTS.

IT'S A COMBINATION OF PHYSICAL
AILMENTS AS WELL AS EMOTIONAL
AND SOCIAL ISSUES.

AND AS WE SEE THESE CHILDREN WHO
HAVE GROWN UP IN THESE HOMES, WE
SEE HIGHER RATES OF BULLYING,
DATING VIOLENCE, EARLY ONSET OF
SEXUAL ACTIVITY, EARLY ONSET OF
DRUG AND ALCOHOL ABUSE, MORE
LIKELY TO CARRY WEAPONS IN
SCHOOL, AND TEEN PREGNANCY AS AN
ISSUE AS WELL, BOTH FOR BOYS AND
FOR GIRLS BECOMING TEEN PARENTS.

SO I DO WANT TO TAKE A SECOND,
MIE, THIS IS GOING TO BE A POLL
QUESTION, AS SOON AS I'M DONE

TALKING ABOUT THIS SLIDE.

I WANT EVERYONE ON THE WEBINAR

TO CONSIDER THIS FOR A SECOND.

WHICH CHILD IS MOST AFFECTED?

ALL ARE LIVING IN A HOME WITH

DOMESTIC VIOLENCE.

SO I'M GOING TO ASK YOU FOR A

SHOW OF HANDS.

ALEX HAS ONE AIG, ADDS VERSE

CHILDHOOD EXPERIENCE.

HE'S GOT ONLY DOMESTIC VIOLENCE

IN HIS HOME.

MAKAILA HAS TWO ACES.

FRANCISCO HAS THREE ACES AND

ATSUKO HAS EIGHT AIGS.

THIS IS WHERE THEIR --

YOU CAN --

MIE, IF YOU COULD PULL UP A POLL

FOR ME, PLEASE, ACE PERFECT.

IF EVERYONE COULD TAKE A MOMENT

AND CLICK AND TELL ME WHAT THEIR

BEST GUESS IS.

WHICH CHILD IS MOST AFFECTED?

ALEX, MOIG, FRANCISCO, OR

ATSUKO?

MIE, WHENEVER YOU CAN LET ME SEE
WHAT PEOPLE ARE CLICKING, THAT
WOULD BE HELPFUL.

THANK YOU.

SO, OK.

LET ME GIVE YOU ONE MORE SECOND
HERE.

YOU CAN SEE --

CAN I HAVE THAT BACK, MIE?

CAN YOU SHOW ME THE NUMBERS
AGAIN, PLEASE?

COOL.

OK.

YOU CAN SEE ABOUT 35 OF YOU
THOUGHT ALEX WITH ONE ACE WAS
HAVING THE HARDEST TIME.

MAKAILA WITH TWO, SOMEBODY
THOUGHT THAT, FRANCISCO WITH
THREE, BUT OVERWHELMINGLY ATSUKO
WITH EIGHT ACES, THE CHILD
EVERYONE ASSUMES IS HAVING THE
MOST DIFFICULT TIME.

WHAT I WANT TO TELL YOU IS THAT
THIS IS BASED ON REAL CHILDREN,
AND IN FACT ALEX IS THE ONE THAT

IS HAVING THE MOST DIFFICULT
TIME.

ALEX'S MOTHER IS IN A
HORRIFICALLY ABUSIVE
RELATIONSHIP, SHE'S BEEN IN THE
HOSPITAL, AND AS A RESULT OF HER
INJURY SHE'S NUMBED OUT, SHE IS
UNABLE TO FUNCTION BASICALLY AS
A MOTHER TO ALEX.

MAKAILA AND FRANCISCO AND ATSUKO
ALL HAVE A HUGE NUMBER OF
SUPPORT, THEIR MOTHERS ARE VERY
SUPPORTIVE, THE VIOLENCE IS NOT
AS GREAT IN THEIR HOMES, THEY
HAVE OUTSIDE SERVICES, ETC.,
ETC.

THE REASON WE'RE TALKING ABOUT
THIS IS BECAUSE WHAT'S TRICKY
WITH ACEs IS IT'S EASY TO GET
CAUGHT UP IN THAT
POPULATION-BASED DATA.

SO WHEN I SHARE THOSE NUMBERS
WITH YOU, THAT YOU'RE FOUR TIMES
MORE LIKELY TO HAVE THIS
PROBLEM, OR THAT PROBLEM, OR

MUCH MORE LIKELY TO PERPETRATE
DOMESTIC VIOLENCE, OR BE A
SURVIVOR OF DOMESTIC VIOLENCE
WHEN YOU GROW UP, WE'RE LOOKING
AT BIG POPULATION DATA.

WE'RE NOT LOOKING AT INDIVIDUAL
PEOPLE WHEN WE TALK ABOUT THIS.

AND I THINK THAT'S ONE OF THE
THINGS THAT THE FIELD REALLY
NEEDS TO SORT OF SIT WITH,
BECAUSE IT HELPS US NOT MAKE THE
MISTAKE OF ASSUMING THINGS THAT
WE DON'T KNOW ABOUT THE KIDS
THAT WE'RE WORKING WITH.

AND I'M GOING TO --

THERE WE GO.

SO THIS IS IS A SLIDE THAT SHOWS
US THAT IN FACT POVERTY IN AND
OF ITSELF, WE SEE AS A RISK
FACTOR FOR HAVING MORE ACEs.

SO THAT'S A PIECE THAT IS
IMPORTANT FOR FOLKS TO KNOW.

MIE --

>> SORRY, I'M GOING TO UPLOAD
THE SECOND PART.

>> OK.

PERFECT.

>> PERFECT.

IN ADDITION TO CONSIDERING
POVERTY THIS, IS WHY IT'S SO
IMPORTANT, BECAUSE POVERTY
WASN'T ONE OF THE THINGS THAT
WAS CONSIDERED IN THE INITIAL
ADVERSE CHILDHOOD EXPERIENCES
STUDY.

THE ADVERSITY FROMS FROM THE
ORIGINAL ITEMS WERE ASSOCIATED
WITH MENTAL HEALTH AMONG
PARTICIPANTS, BUT THE
ASSOCIATION WAS SIGNIFICANTLY
IMPROVED BY REMOVING SOME OF THE
ORIGINAL ACE SCALE ITEMS AND
ADDING OTHERS, LIKE PEER
REJECTION, PEER VICTIMIZATION,
EXPOSURE TO COMMUNITY VIOLENCE,
SCHOOL PERFORMANCE, AND
SOCIOECONOMIC STATUS.

MEANING THAT WE RECOGNIZE THAT
DIVORCE MAY NOT BE SOMETHING
THAT PARTICULARLY IS TRAUMATIC

TO CHILDREN, ESPECIALLY IF
THEY'RE RAISED IN SINGLE-FAMILY
HOMES AND PERHAPS OTHERS IN
THEIR FAMILIES ARE COMING FROM
SINGLE-FAMILY HOMES.
BUT THESE OTHER PIECES,
COMMUNITY VIOLENCE BEING A BIG
ONE, MATTERS A LOT, RIGHT?
SO IF YOU'RE A CHILD WHO'S FIVE
YEARS OLD AND YOU'VE SEEN 17
DEAD BODIES AS A COLLEAGUE OF
OURS SHARED LAST WEEK WHO'S BEEN
DOING WORK AROUND COMMUNITIES
THAT ARE TRULY SUFFERING WITH
MASSIVE AMOUNTS OF VIOLENCE, YOU
HAVE SEEN 17 DEATHS, YOU'VE SEEN
GUNSHOTS, YOU HAVE HAD PEOPLE IN
YOUR OWN FAMILY THAT HAVE BEEN
MURDERED, THAT IS A HUGE --
THAT'S A HUGE ISSUE, RIGHT?
SO THE NUMBER OF --
THE NUMBER PIECE NEEDS TO BE
REALLY THOUGHTFULLY CONSIDERED
AS WE THINK ABOUT THIS
MEASUREMENT.

AND WE'LL TALK A LITTLE BIT MORE
ABOUT WHY WE'RE GOING IN THE
DIRECTION WE'RE GOING IN.

I DO HAVE TWO MORE POLL
QUESTIONS FOR YOU.

WILL CLIENTS ANSWER QUESTIONS
ABOUT ADVERSE CHILDHOOD
EXPERIENCES WITH YOU TRUTHFULLY?
YES, NO, OR UNSURE?

GO AHEAD AND CLICK ON THESE.

DO YOU THINK YOUR CLIENTS WILL
ANSWER QUESTIONS ABOUT ADVERSE
CHILDHOOD EXPERIENCES
TRUTHFULLY?

I'LL GIVE A SECOND TO GO THROUGH
THOSE.

MIE, WHENEVER YOU CAN SHOW ME --
A NUMBER OF YOU SAY YES, SOME OF
YOU SAY NO.

AND THE QUESTION IS, IF YOU
ANSWERED NO, TELL ME WHY.

IF THE QUESTION IS NO, TELL ME
WHY.

THEY MAY BE AFRAID, YOU'RE A
STRANGER, PEOPLE BEING REPORTED,

EMBARRASSED, OK.

PERFECT.

THANK YOU FOR YOUR --

ISSUES OF TRUST.

PERFECT.

LET'S LOOK AT THE SECOND

QUESTION, THEN.

CAN YOU IMAGINE A SITUATION

WHERE A PARENT'S ACE SCORE --

THANK YOU, MIE.

THIS IS ANOTHER POLL QUESTION.

CAN YOU IMAGINE A SITUATION

WHERE A PARENT'S ACE SCORE MAY

BE USED AGAINST THEM?

YES, NO, OR UNSURE?

CAN YOU IMAGINE A SITUATION

WHERE A PARENT'S ACE SCORE WOULD

BE USED AGAINST THEM?

AND IF YOUR ANSWER IS YES, TELL

ME WHY.

OR HOW.

CUSTODY ISSUES, DPS, AND MIE,

CAN YOU SHOW ME --

SO 198 OF YOU, I'D LIKE FOR YOU

ALL TO WEIGH IN IF YOU COULD,

BECAUSE THIS IS A REALLY
IMPORTANT QUESTION, FOR US AS A
FIELD TO HEAR FROM YOU ALL
ABOUT, AND I SEE OVER AND OVER
AGAIN STIGMA, FEARS OF DPS,
FEARS OF CHILD WELFARE, ETC.,
ETC.

SO THANK YOU FOR ANSWERING THAT
QUESTION FOR ME.

AND WE'RE GOING TO GO TO THE
NEXT QUESTION.

NEXT SLIDE.

I THINK WHAT YOU'RE HITTING ON
IS SOMETHING WE'VE LEARNED
SPECIFICALLY IN DOMESTIC
VIOLENCE.

SO THESE ARE SOME QUALITATIVE
STUDIES DONE ABOUT HOME
VISITATION AND DOMESTIC
VIOLENCE, AND YOU CAN SEE HERE
THE QUOTE AT THE TOP, IF
MANDATORY REPORTING WAS NOT AN
ISSUE, SHE WOULD TELL THE NURSE
EVERYTHING ABOUT THE ABUSE.
AND YOU CAN SEE THERE'S TWO

QUOTES HERE.

I SAY NO WHEN MY HOME VISITOR
ASKS ABOUT ABUSE, BECAUSE THAT'S
HOW YOU PLAY THE GAME.

PEOPLE ARE AFRAID OF SOCIAL
SERVICES.

THAT'S MY BIGGEST FEAR.

AND LIKE I WAS SAYING ABOUT MY
FRIEND, THE REASON SHE DOESN'T
DISCLOSE, IS BECAUSE SHE THINKS
THE NURSE IS GOING TO CALL
CHILDREN'S SERVICES.

SHE AVOIDS THE NURSE A LOT.

THAT'S ONE OF THE PIECES WE'VE
HEARD FROM THE FIELD, THAT THIS
ISSUE OF BEING AROUND CHILD
WELFARE REPORTING ASSOCIATED
WITH ACEs IS COMPLICATED, AND
IT'S REAL.

I ALSO THINK THAT THIS IS

IMPORTANT, AND WE --

WE HAVE THE OPPORTUNITY TO GO UP
TO WASHINGTON STATE AND TO LEARN
FROM ADVOCATES ABOUT WHAT IS
HAPPENING ON THE GROUND, AND

HERE'S WHAT ONE OF THE ADVOCATES
SHARED WITH US.

WHEN I THINK ABOUT ACEsT AND
DOMESTIC VIOLENCE, I THINK ABOUT
101 WAYS I JUST LEARNED I MESSED
UP MY KID TODAY.

IN MY COMMUNITY, ACE AWARENESS
HAS CREATED HUGE STIGMA FOR
MOTHERS WHO ARE CURRENTLY
SURVIVING DOMESTIC VIOLENCE.

AND WHAT I WANT TO SAY IN
RESPONSE TO THAT IS THAT WE KNOW
THAT SOME MOTHERS FACE SEVERE
STRESS, AND COMPENSATE FOR THOSE
EVENTS BY OFFERING INCREASED
NURTURING AND PROTECTION OF
THEIR CHILDREN, AND WE ALSO KNOW
THAT CHILDREN'S EMOTIONAL
RECOVERY FROM EXPOSURE TO
DOMESTIC VIOLENCE DEPENDS MORE
ON THE QUALITY OF THEIR
RELATIONSHIP WITH THE NONABUSIVE
PARENT THAN ANY SINGLE FACTOR.
SO WHEN WE TALK ABOUT
RECOGNIZING ACEs CAN BE

CREATING THESE CONVERSATIONS IN
YOUR COMMUNITY THAT MAY BE
SAYING, MY GOODNESS, KNOW THAT
EXPOSURE TO ACES, EXPOSURE TO
DOMESTIC VIOLENCE CAN REALLY
IMPACT KIDS, WE NEED TO BALANCE
THAT WITH THIS KIND OF
CONVERSATION.

AND THERE'S A HUGE AMOUNT OF
FEAR.

I THINK ASSOCIATED AROUND CHILD
WELFARE WITH BOTH OF THESE
ISSUES, ACE, DOMESTIC VIOLENCE.

SO I WANT TO SHIFT, BECAUSE I
WANT TO TALK ABOUT RESILIENCE.

THIS IS WHERE IT GETS EXCITING.

SO RESILIENCE IS THE CAPACITY TO
RISE ABOVE DIFFICULT
CIRCUMSTANCES.

THIS IS WHAT WE WANT TO ARM OUR
PARENTS WITH, ARM OUR PROGRAMS
WITH.

WE WANT TO HELP CHILDREN TO
EXIST IN A LESS THAN PERFECT
WORLD, WHILE LIVING AND MOVING

FORWARD WITH OPTIMISM AND
CONFIDENCE.

AND IF YOU DON'T KNOW THIS WORK
ON FOSTERING RESILIENCE, THERE'S
A LITTLE LINK HERE, HE'S
FABULOUS, YOU CAN GOOGLE IT TO
FIND OUT MORE.

SO WE KNOW THE IMPACT OF TRAUMA
IS AFFECTED BY MULTIPLE FACTORS,
INCLUDING WHAT WAS IT LIKE WHEN
THEY WERE BORN, WHAT'S THEIR
TEMPERAMENT, THEIR GENDER?
WE KNOW THE CHARACTERISTICS OF
THE FAMILY AND COMMUNITY MATTER,
AND FRANKLY, PART OF THAT
COMMUNITY IS ALL OF YOU WHO ARE
DOING WORK WITH THE CHILDREN AND
THE FAMILIES.

WE ALSO NOTE CHARACTERISTICS OF
THE TRAUMA, THE FREQUENCY,
SEVERITY, AND PROXIMITY MATTERS.

I MENTIONED THE CHILD WITH ONE
EVENT WAS HAVING THE MOST
DIFFICULT TIME COMPARED TO OTHER
CHILDREN WITH MORE ADVERSE

CHILDHOOD EXPERIENCES.

HEARS ANOTHER TOOL, IF YOU DON'T
KNOW ABOUT FUTURES' WORK ON
PROMISING FUTURES, YOU CAN GO TO
OUR WEBSITE AND TAKE A LOOK.

THERE ARE TOOLS AND
CONVERSATIONS THAT ARE
HAPPENING AROUND THE
INDIVIDUALS, THE FAMILY, AND THE
COMMUNITY, AND STRATEGIES THERE.
SO IF YOU DON'T KNOW ABOUT THAT
TOOL.

AND NOW I WANT TO TALK ABOUT
LUKE'S STORY.

LUKE IS A LITTLE BOY WHOSE STORY
WAS WRITTEN UP IN THE "NEW YORK
TIMES," I BELIEVE IT WAS IN MAY
2014.

WE CAN SEND A LINK IF YOU'RE
INTERESTED.

LUKE, LIKE A LOT OF THE CHILDREN
IN YOUR PROGRAMS, CAME FROM A
HARD SITUATION.

THERE WAS A GREAT DEAL OF
NEGLECT, A LOT OF SUBSTANCE

ABUSE ON THE PART OF HIS
PARENTS, I BELIEVE HIS FATHER
WAS INCORRESPOND RATED, I THINK
HIS MOTHER LOST CUSTODY OF HIM
AND HE WAS BEING RAISED BY HIS
GRANDPARENTS, AND LUKE WAS
ACTING OUT AND ANGRY AND PRETTY
OUT OF CONTROL IN PRESCHOOL AND
SCHOOL.

WHAT DO YOU DO WITH THE LUKES OF
THE WORLD?

I KNOW YOU ALL WORK WITH THESE
BEAUTIFUL CHILDREN WHO HAVE SO
MUCH TRAUMA, AND IT'S ABOUT
FIGURING OUT HOW WE CAN SUPPORT
BOTH THE LUKE AND THEIR PARENTS
OR CAREGIVERS AROUND THIS ISSUE
OF SELF-REGULATION.

SO REMEMBER, SELF-REGULATION IS
THAT ABILITY TO MANAGE EMOTIONS,
ENERGY STATES, BEHAVIOR, AND
ATTENTION, AND LIKE THIS ORANGE
BOX TO THE SIDE, THE NUMBER ONE
SURVIVAL SKILL IS THE POWER TO
BE ABLE TO REGULATE YOUR

THOUGHTS.

WHEN THERE'S TOO MUCH TRAUMA OR
STRESS, YOU CAN DEVELOP A HAIR
TRIGGER RESPONSE, LIKE A LEAF
FALLING ON THE CAR HOOD, IT SETS
OFF AN ALARM.

AND THINK ABOUT THAT FOR LUKE.

SO WHAT DID WE DO?

WHAT DID THEY DO WITH LUKE IN
THE PRESCHOOL PROGRAM HE WAS A
PART OF?

HE HAS A SPECIAL BRACELET HE
WEARS THAT'S ALWAYS THERE.

AND THAT'S A REMINDER FOR HIM TO
BREATHE.

AND TO TAKE THREE OR FOUR DEEP
BREATHS.

HE LESHED HE CAN GIVE HIMSELF A
HUG, AND LITERALLY, WHERE YOU
PUT YOUR BACK UP AGAINST THE
WALL, YOU BREEDS, YOU CRISSCROSS
YOUR ARMS AND PUT YOUR TONGUE TO
THE TOP OF YOUR MOUTH.

THESE ARE SELF-REGULATION
TECHNIQUES.

IF THOSE DON'T WORK HE GOES TO A
COZY CORNER, AND THERE'S A BOX,
AND IN THE BOX IS TEXTURED
THINGS.

MAYBE IT'S VELVET THAT MAKES HIM
FEEL CALMER, MAYBE IT'S
ROUGHNESS, BURLAP, POLISHED
STONE.

HE LEARNS HE CAN FIND HELP FROM
AN ADULT.

AND THIS HAS BEEN USED ACROSS
ALL KINDS OF PLACES, KIDS AND
PROGRAMS, AND IT'S BEEN SHOWN TO
MAKE A BIG DIFFERENCE.

IF YOU EVER WANTED TO LEARN HOW
TO BREATHE, I CAN THINK OF NO
TWO BETTER PEOPLE ON THE PLANET,
THIS IS THE ARTIST COMMON, AND
THIS IS ELMO, AND THEY --

WHAT SESAME STREET DECIDED TO DO
WAS TAKE ON HOW DO WE IN A FUN,
SUPPORTIVE WAY TEACH PARENTS,
KIDS, AND CAREGIVERS TO BREATHE.

AND SO THIS IS SOMETHING THAT
WAS SENT TO YOU ALL IN THE

PACKET THAT YOU GOT, THE
ELECTRONIC PACKET YOU GOT FROM
MIE AND LEIANA FOR THIS WEBINAR.
BRACELETS THAT SAY "BREATHE," IF
I WERE TO COME TO YOUR STATE AND
DO THIS TRAINING, EVERYBODY GETS
A BRACELET, AND THE IDEA HERE IS
THAT WE'RE GOING TO CREATE A
COMMON LANGUAGE, WE'RE GOING TO
TALK ABOUT TRAUMA AND
SOMETHING --
AS SOMETHING THAT HAPPENS TO OUR
WHOLE COMMUNITY.
SO THAT THE COUNSELOR OR THE
TEACHER WEARS A BRACELET, THE
CHILD, THE MOTHER, THE IDEA
BEING THAT WE ALL BENEFIT FROM
THE FOCUS ON SOCIAL, EMOTIONAL,
REGULATION.
IT'S NOT ABOUT US AND THEM, BUT
IT'S ABOUT ALL OF US.
SO ACE SCORES FROM A RESEARCH
PERSPECTIVE HAS BEEN INVALUABLE
TO THE FIELD.
IT WAS A GAME-CHANGER.

WE LEARNED SO MUCH ABOUT HOW
ADVERSITY CAN AFFECT HEALTH AND
WELL-BEING MOVING FORWARD IN
PEOPLE'S LIVES, AND IT GIVES US
AN OPPORTUNITY TO HELP EDUCATE
PATIENTS AND PARENTS ABOUT HOW
IT'S AFFECTED THEM, SO THEY CAN
IDEALLY MAKE CHANGES AND FIND
SUPPORT AND NOT FEEL SO ALONE.
BUT IN PRACTICE, AS INDICATED
WITH POVERTY DATA OR THE STORY
THAT I TOLD ABOUT ALEX, WE NEED
TO THINK --
RETHINK THE DIRECTION WE GO WITH
THIS WORK.
IF WE FOCUS ON HIGH-SCORING
PARENTS, HIGH-SCORING KIDS, WE
MIGHT BE MISSING A PORTION OF
THE POPULATION THAT'S DEEPLY
AFFECTED BY ACE AND TRAUMA LIKE
ALEX.
THE DISCLOSURE IS NOT THE GOAL
WHEN IT COMES TO ACEs.
I THINK UNIVERSAL EDUCATION WITH
PARENTS ABOUT TRAUMA IS THE

GOAL.

SO UNIVERSAL EDUCATION IS

SOMETHING EVERYONE HAS TRAUMA

AND TRIGGERS AND WILL BENEFIT

FROM KNOWLEDGE, TOOLS, AND

SUPPORT.

AND IT SHIFTS STAFF CONCERNS

AWAY FROM WORRYING ABOUT SEEMING

JUDGMENTAL, AND THAT WAS ONE OF

THE THINGS THAT CAME UP IN THE

CHAT BOX.

WHY WOULDN'T SOMEONE WANT TO

TALK WITH YOU ABOUT ACE RESULTS,

BECAUSE I DON'T FEEL SAFE, RIGHT

ANY DON'T FEEL LIKE I CAN TRUST

THEM.

I DON'T KNOW WHAT THEY'RE GOING

TO DO WITH THAT INFORMATION.

SO WE ARE PRESENTING THESE IN

THE UNIVERSAL FRAMEWORK AS

OPPOSED TO WHAT IS YOUR ACE

SCORE, I THINK THAT CAN CHANGE

THE GAME A LITTLE BIT.

I THINK IT EMPOWERS STAFF AND

CLIENTS TO UNDERSTAND THE

CONNECTION WITH SELF, HEALTH,
WELL-BEING, AND PARENTING AND
WHAT THEY DOCK NEXT TO HELP
THEMSELVES AND THEIR KIDS.

I THINK PART OF WHAT'S SO
COMPLICATED ABOUT ACEs IS NOW
WHAT, WHAT DO WE DO?
SO THIS IS MORE ABOUT WHAT WE
CAN DO.

AND I WOULD SAY THAT THIS IS
ALSO PROGRAM CENTRIC.
FUTURES WORKS WITH HOME
VISITATION, AND EARLY HEAD
START, AND CASEWORKERS, AND
PROGRAM SERVING PARENTS AND KIDS
FOR A VERY LONG TIME, AND WE
LISTENED.

AND ONE OF THE THINGS WE HEAR
OVER AND OVER AGAIN IS THAT
GOSH, I DON'T HAVE A LOT OF TIME
TO TALK ABOUT VARIOUS THINGS.
SO WHAT IS THE BEST USE OF YOUR
LIMITED TIME WHEN IT COMES TO
ACEs IS PART OF WHAT WE'RE
ASKING.

SO HOW DO PARENTS --
HAVING PARENTS SCORE THE ACE,
AND EXPLAIN NO MATTER WHAT THEIR
NUMBER IS, IT ISN'T A DESTINY.
FOR EXAMPLE, I'LL TELL YOU MY
SCORE IS EIGHT.
MY JOKE IS, I WOULD HAVE BEEN
WAY BETTER OFF IF MY ACE SCORE
WAS NINE, BUS THAT WOULD HAVE
BEEN MEANT MY MOTHER DIVORCED MY
FATHER WHEN I WAS A CHILD.
BUT THAT'S NOT HOW IT WENT DOWN.
IF I WAS THE PARENT, AND I'M A
MOTHER OF FOUR CHILDREN, IF I
WAS THE PARENT WHO GOT MY ACE
SCORE OF EIGHT, YOU'D HAVE TO
TELL ME THAT REBECCA, THAT
DOESN'T MEAN YOU'RE GOING TO BE
A BAD MOM.
THAT DOESN'T MEAN YOU'RE GOING
TO HAVE 50 SEXUAL PARENTS,
THAT'S ONE OF THE THINGS, YOU
LOOK AT THE POPULATION-BASED
DATA, IT DOESN'T MEAN YOU'RE
GOING TO BE A DRUG ADDING, OR

THESE OTHER BAD THINGS.
SO IS IT BETTER TO TALK SOMEBODY
DOWN OFF A LEDGE, OR IS IT
BETTER TO SPEND YOUR TIME ON
WHAT WORKS AFTER GETTING
UNIVERSAL EDUCATION ABOUT,
MAKING A CONNECTION, WE WANT MOM
AND DADS TO UNDERSTAND HOW
ACEs CAN AFFECT THEM SO WE CAN
HOPEFULLY SUPPORT THEM IN DOING
A BETTER JOB TAKING CARE OF
THEMSELVES AND THEIR KIDS.

ONE OF THE MOST TRAUMA-INFORMED
WAY TO TALK ABOUT CONNECTIONS?

I WANT TO GO BACK TO THIS
CONCEPT OF TRAUMA FOR A MINUTE.

DO YOU THINK BEING ASKED OR
READING QUESTIONS MIGHT ABOUT
ADVERSE CHILDHOOD EXPERIENCES
MIGHT BE UPSETTING FOR PARENTS?

I WOULD SAY THAT A NUMBER OF YOU
GUESSED THE ANSWER WAS YES.

AND WHAT HAPPENS WHEN YOU'RE
UPSET?

WE WERE JUST TALKING ABOUT THIS

TERMS OF SELF-REGULATION WITH
KIDS.

CAN YOU HEAR WHEN YOU'RE UPSET?

SO THIS IS THE FIRST TIME

ANYBODY'S MADE THE CONNECTION

AND YOU'VE JUST HAD TO ANSWER OR

READ THROUGH A SERIES OF

QUESTIONS THAT SAYS, WHEN YOU

WERE 18 YEARS OF AGE OR YUCKER,

WERE YOU --

YOUNGER, WERE YOU FORCED TO DO

SEXUAL THINGS YOU DIDN'T WANT TO

DO?

DID ANYONE FORCE TO YOU DO

SEXUAL THINGS THAT YOU DID NOT

WANT TO DO, WERE YOU EVER

INJURED AS A RESULT OF --

ETC.

YOU CAN IMAGINE THAT READING

THOSE QUESTIONS ARE PROBABLY

GOING TO INCREASE YOUR HEART

RATE.

AND I'M NOT SAYING THESE ARE

DEVASTATING THINGS FOR PARENTS,

I THINK THEY CAN BE POWERFUL TO

UNDERSTAND YOUR CONNECTIONS.

BUT IF WHAT WE'RE TRYING TO DO
IS TEACH SELF-REGULATION, AND DO
THAT IN A BRIEF ENCOUNTER, MAYBE
WHAT WE WANT TO DO IS MORE OF A
UNIVERSAL EDUCATION RATHER THAN
NECESSARILY THE SCREEN OR THE
TOOLS FOR THE SCREEN.

THE QUESTION IS. CAN YOU LEARN AS
WELL WHEN YOU TRIGGER?

SO I THINK PART OF WHAT THE
FIELD IS GRAPPLING WITH, WHAT'S
THE DIFFERENCE BETWEEN YOU, YOU
AS AN ADULT, WITH YOUR ADULT
PRIMARY CAREGIVER, TALKING ABOUT
THESE THINGS, VERSUS YOU IN THE
PARENT ROLE TALKING ABOUT
EXPOSURES AND YOUR CHILDREN'S
EXPOSURES WITH OTHER STAFF,
OTHER PROGRAMS OUTSIDE OF YOUR
ADULT PRIMARY CAREGIVER?

I THINK IT LOOKS QUITE
DIFFERENT.

THE FATHER OF --

LOOKING AT ALL CHILDHOOD

TREATMENT, HE'S BEEN DOING IT
FOR A VERY LONG TIME, PUBLISHED
REALLY IMPORTANT STORIES,
ARTICLES DEMONSTRATING THE
PREVALENCE OF CHILDREN EXPOSED
TO VIOLENCE, CHILDREN WHO
EXPERIENCED PHYSICAL AND SEXUAL
VIOLENCE, AND IN TERMS OF
LOOKING AT CHILDHOOD ADVERSITY,
HE SAYS WE KNOW ENOUGH TO MOVE
FROM INTERVENTION --
TO MOVE TO INTERVENTION AND
PRESENCE, AND THAT'S WHAT WE'RE
DOING HERE.

SO ONE MORE QUICK POLL.

I'M WONDERING IF MY PACE IS
STILL OK FOR ALL OF YOU ON THE
CALL.

AND MIE, IF YOU WOULDN'T MIND
BRINGING UP THAT POLL QUESTION,
THANK YOU.

AND I CAN'T SEE WHAT FOLKS ARE
SAYING, SO IF YOU WOULDN'T MIND
SHARING WHAT THE POLL LOOKS
LIKE.

MOST OF YOU THINK IT'S JUST

RIGHT.

GREAT.

WE'LL MOVE ON, THEN.

MOVE ON THEN.

HOPEFULLY YOU ALL RECEIVED THE

EMAIL WITH THE TOOLS AND YOU

WERE ABLE TO LOOK AT THIS LITTLE

CARD CONNECTED, EDUCATION CARD

CONNECTED PARENTS CONNECTED

KIDS.

IF YOU DIDN'T GET A CHANCE TO

PRINT IT OUT, I WANT TO TELL YOU

IT'S ABOUT THE SIZE OF A

BUSINESS CARD.

AND AS YOU CAN SEE, IT'S A

PICTURE OF FEET, YOU SEE CHILD'S

FEET IN THE CENTER AND ADULT

FEET ON EITHER SIDE.

YOU'RE NOT SURE IF IT'S DAD FEET

OR MOM FEET, THAT WAS

INTENTIONAL.

AND I THINK IT'S A HAPPY IMAGE.

IT'S A HAPPY IMAGE

INTENTIONALLY, WE TESTED IT.

IT'S BECAUSE WE WANTED YOU AS
CAREGIVERS IN THE FIELD TO FEEL
POSITIVE ABOUT THE MESSAGES YOU
WERE GIVING AROUND THESE COMPLEX
ISSUES OF ADVERSE CHILDHOOD
EXPERIENCE AND TRAUMA.

SO WHEN YOU OPEN UP THE CARD,
THE VERY FIRST PANEL YOU SEE IS
THIS ONE.

AND IT SAYS, YOU ARE A GOOD
PARENT.

WHEN YOU THINK ABOUT FOLKS WHO
ARE LIVING IN CHAOTIC
COMMUNITIES, AND WHAT WE THINK
ABOUT FOLKS LIVING IN HOMES WITH
DOMESTIC VIOLENCE, THESE ARE
WORDS THEY MAY NOT GET TO HEAR
VERY OFTEN.

AND IT'S SO IMPORTANT THAT WE
REINFORCE THOSE WORDS WITH
PARENTS.

IT MAY BE HARD FOR TO YOU READ,
SO I'LL READ IT.

AS A CAREGIVER OF CHILDREN, YOU
WANT THE BEST FOR YOUR KIDS.

FOR KIDS TO GET THE BEST FROM
YOU IT HELPS TO BE IN A GOOD
PLACE YOURSELF, TO HAVE TOOLS
AND IDEAS THAT SUPPORT YOUR
WELL-BEING, AND TO HAVE A BACKUP
PLAN FOR BAD DAYS.

THIS IS TRUE FOR ALL PARENTS,
RIGHT?

ALL OF US.

NO MATTER WHAT OUR ACE SCORE IS
OR ISN'T, WHATEVER TRAUMA WE'VE
HAD, THIS IS A GOOD PLAN FOR
PARENTS, PERIOD, RIGHT?

AND AGAIN, IT CHANGES THE
CONVERSATION FROM US AND THEM TO
ALL OF US.

HEALTH CARE PROVIDERS ARE
DISCOVERING STRATEGIES FOR
SUPPORT CAREGIVERS AND KIDS.

I KNOW THERE ARE LOTS OF COOL,
YOUNG PEOPLE ON THIS CALL WHO
PROBABLY KNOW MORE ABOUT
SMARTPHONES AND Q.R. CODES,
THAT'S THAT FUNNY BOX.

IF YOU HAVE A SMARTPHONE AND YOU

SCAN IT ON THE CARD, IT ACTUALLY
TAKES YOU TO A VIDEO, AND I'LL
BE TALKING ABOUT THAT.
SO IT'S A PLACE WHERE WE CAN
REINFORCE THAT YOU'RE A GOOD
PARENT AND REINFORCE THESE
MESSAGES WITHOUT NECESSARILY
TAKING UP THE TIME OF THE HOME
VISITOR, OR THE EARLY CHILD CARE
WORKER, OR THE SOCIAL WORKER,
WHOMEVER ELSE IS WORKING WITH
THE FAMILY THAT THIS IS SUPPOSED
TO BE A TOOL TO HELP YOU HAVE
THESE CONVERSATIONS.
SO DIFFICULT CHILDHOOD.
MANY ADULTS, ABOUT ONE IN FOUR,
GREW UP IN HOMES WHERE THERE WAS
ABUSE OR OTHER PROBLEMS.
MAYBE SOMEONE WAS HURTING THEM,
OR THEY SAW A PARENT OR
CAREGIVER GETTING HURT, OR
SOMEBODY WAS ABUSE DRUGS OR
ALCOHOL.
WE CAN REALLY WORK WITH THE
FIELD TO COME UP WITH THIS, AND

MAYBE CONVERSATION, BECAUSE IT'S
GOT TO WORK BOTH FOR YOU ALL AS
PROVIDERS, AS IT DOES WITH THE
CLIENT, MAYBE THAT MAY BE
LANGUAGE MADE A BIG DIFFERENCE
FOR HOME VISITORS, AND OTHER
WORKERS HAVING THIS CONVERSATION
WITH PARENTS.

HOPE IS GOOD, RIGHT?

WE WANT MORE HOPE.

AND THIS LITTLE PANEL ON THE
CARD TALKS ABOUT WHAT IT MEANS
TO BE STRONG AND RESILIENT AND
COME BACK FROM BAD THINGS, WHAT
CAN WE DO.

KNOWING HOW TO NAVIGATE STRESS,
BEING ABLE TO STEP BACK FROM
YOUR EMOTIONS WHEN THINGS GET
HARD, ETC.

AND WE DO TALK ABOUT THE HEALTH
EFFECTS.

SO DIFFICULT EXPERIENCES CAN PUT
YOU AND YOUR CHILDREN AT HIGHER
RISK, BECAUSE WHAT WE'RE DOING
IS WE'RE TALKING ABOUT

INTERGENERATIONAL EDUCATION AND
INTERGENERATIONAL INTERRUPTION
OF ALL BAD THINGS.

SO YOU CAN IMAGINE THAT THE
PARENTS THAT YOU'RE WORKING WITH
HAVE NEVER HAD ANYONE WHO
UNDERSTOOD ACEs, HELPED THEM
MAKE CONNECTIONS TO HOW
ADVERSITY AND TRAUMA CAN AFFECT
THEIR HEALTH AND WELL-BEING.

THIS MIGHT BE THE FIRST TIME
IT'S EVER HAPPENED.

AND IT'S IMPORTANT THEY KNOW IT
FOR THEMSELVES BUT ALSO FOR
THEIR CHILDREN.

SO DIFFICULT CHILDHOOD
EXPERIENCES CAN PUT YOU AND YOUR
CHILDREN AT HIGHER RISK FOR
REPEATING THE CYCLE OF VIOLENCE
EVEN IF YOU'RE NOT AWARE OF IT.

IT CAN SET YOU UP FOR ASTHMA,
CHRONIC PAIN, OBESITY, SMOKING,
DRINKING, PRESCRIPTION DRUG
ABUSE, ANXIETY, DEPRESSION,
SUICIDE, ADULT RELATIONSHIPS

WHERE YOU'RE BEING HURT OR
YOU'RE HURTING YOUR PARTNER.

THIS IS THE OTHER IMPORTANT
PART --

THAT'S NOT THE END OF THIS
STORY.

AND THE GOOD NEWS IS, YOU CAN
FIND YOUR STRENGTHS, WORK ON
YOUR HEALTH AND TURN THINGS
AROUND.

FOR MORE INFORMATION YOU CAN GO
TO THIS WEBSITE [ACES TOO HIGH](#).

I WANT TO SAY IT'S BEEN AROUND
ALMOST 10 YEARS, AND IT'S A
REPOSITORY OF THINGS OF AVERAGE
CHILDHOOD EXPERIENCES.

ON THE BACK OF THIS CARD THERE
IS A LITTLE Q.R. CODE THAT TALKS
ABOUT HOW TO BREATHE, IT GIVES
YOU A BREATHING APP FOR
SMARTPHONES.

IT TALKS TO YOU ABOUT THE CHILD
HELP LINE, SO IF YOU'RE USING
THIS IN YOUR PROGRAM, THERE'S
GREAT --

IT'S A GREAT SUPPORT FOR
PARENTS, THAT THEY AREN'T
NECESSARILY AWARE OF, IT'S
NONJUDGMENTAL AND AVAILABLE
24/7.

FOR PARENTS WHO SAY, WHOA, I'VE
BEEN STRUGGLING WITH SUBSTANCE
ABUSE, I'VE BEEN STRUGGLING WITH
DEPRESSION, ANXIOUS I'LL, SOME
OF THE THINGS WE MAKE THE
CONNECTION WITH ON THE CARD,
THIS IS A GREAT TREATMENT
REFERRAL, THEY CAN GET THEM TO
PROGRAMS WITHIN THEIR STATE OR
IN THEIR COUNTY.

SO WHAT DO WE DO TO HAND OUT THE
CARDS?

WE NORMALIZE IT.

I STARTED GIVING THESE CONNECTED
PARENTS KIDS CARDS TO ALL THE
PARENTS IN OUR PROGRAM.

EVERYONE IN OUR PROGRAM.

WE GIVE IT TO EVERYONE BECAUSE
ALL PARENTS DESERVE SUPPORT, AND
WE GIVE YOU EXTRA CARDS TOO TO

HELP FRIENDS OR FAMILY MEMBERS
SO THEY HAVE SUPPORT TOO.
ONE THING I WANT TO SAY ABOUT
THIS, THIS PIECE AROUND
RECOGNIZING THE POWER OF PARENTS
TO BE LEADERS AROUND MAKING A
DIFFERENCE IN THE LIVES OF
CHILDREN AND THE LIVES OF THEIR
FRIENDS IS SUCH AN IMPORTANT
PART OF THIS INTERVENTION.
BECAUSE YOU CAN IMAGINE IF
YOU'RE A SUPER MARGINALIZED
PERSON AND DOESN'T HAVE A SENSE
OF POWER IN THE WORLD OR YOU'RE
IN A VIOLENT RELATIONSHIP AND
YOU DON'T HAVE A SENSE OF POWER,
THE IDEA THAT AS A CAREGIVER IN
THEIR LIVES YOU CAN SAY, HEY,
YOU'RE SOMEONE WHO CAN MAKE A
DIFFERENCE, YOU CAN BUILD THEM
UP, JUST BY THAT ONE SIMPLE
ACTION, AND WE HAVE A PAPER
THAT'S COMING OUT THIS YEAR THAT
ABSOLUTELY UNDERSCORES THIS.
I CAN'T TELL YOU ENOUGH ABOUT

HOW COOL THAT PARTICULAR
STRATEGY IS.

SO YOU OPEN UP THE CARD, YOU DO
A QUICK REVIEW, YOU MAKE MORE
REFERRALS, THERE'S A HOTLINE,
IT'S ANONYMOUS, FOR PARENTS YOU
CAN CALL IF YOU'RE FEELING
OVERWHELMED, AND YOU WANT TO
TALK.

I'VE CALLED THEM MYSELF TO SEE
WHAT IT WAS LIKE AND IT WAS
WONDERFUL TO SPEAK WITH SOMEONE
TO CARING AND HELPFUL.

IF YOU HAVE NEVER CALLED THAT
CHILD HELP LINE, ALL OF YOU ON
THIS CALL, I WOULD ASK THAT YOU
DO A LITTLE BIT OF HOMEWORK AND
MAKE A CALL YOURSELF AND TELL
THEM, HI, I'M CALLING FROM MY
MA'AM AND I WANT TO KNOW IF I
TOLD ONE OF MY PARENTS CALL THIS
NUMBER, WHAT WOULD IT BE LIKE
FOR THEM?

BECAUSE I DO THINK WHEN YOU CAN
NOR MALLIZE IT AND MAKE IT A

WARM REFERRAL, PARENTS ARE MORE
LIKELY TO ENGAGE IN IT.

SO SOME STATES MAY ALREADY

REQUIRE USING THE ACE 10

QUESTION TOOL, AND THERE'S OTHER

MODIFICATIONS OF THE TOOL WHERE

THERE'S ADDITIONAL QUESTIONS

ADDED IN, BUT YOUR STATE MAY

ALREADY HAVE SOME TYPE OF

REQUIREMENT THERE.

IF THIS IS THE CASE, IT DOESN'T

PREVENT FROM YOU PROVIDING

UNIVERSAL EDUCATION.

REMEMBER, EVERYONE BENEFITS FROM

NORMALIZING THE ISSUE,

UNDERSTANDING THE CONNECTION

BETWEEN ACES, HEALTH AND

PARENTING, AND LEARNING

SELF-REGULATION TECHNIQUES,

WHETHER THEY DISCLOSE OR NOT.

AND I THINK THAT'S THE OTHER

IMPORTANT THING.

REMEMBER, IN OUR POLL QUESTION

EARLIER YOU SAID A LOT OF YOUR

PARENTS MIGHT NOT FEEL

COMFORTABLE SHARING WHAT'S
REALLY GOING ON, OR WHAT HAS
HAPPENED HISTORICALLY IN THEIR
LIVES.

SO IT'S OBVIOUSLY IMPORTANT TO
HAVE THESE CONVERSATIONS,
WHETHER FOLKS ARE SHARING THAT
KIND OF INFORMATION OR NOT.

SO THIS IS ABOUT PLANTING SEEDS.
MANY PARENTS ARE NOT RECOGNIZED
HOW EARLY TRAUMA CAN AFFECT
THEIR PARENTING, AND HOW THEY
REACT TO STRESSFUL SITUATIONS.

THIS IS NEW FOR THEM.

FOR SOMEONE WHO SAY, YOU KNOW
WHAT, YOU GET OUT IN FRONT AND
TALK ABOUT THESE PIECES IS SO
POWERFUL AND EMPOWERING TO
PARENTS.

INCREASING PARENTS' AWARENESS
CAN HELP THEM UNDERSTAND THEIR
OWN LIVES BETTER, AND MAKE
HEALTHIER CHOICES.

AND PREVENT INTERGENERATIONAL
TRAUMA.

HERE'S A GREAT EXAMPLE OF A GAME
THAT PARENTS CAN DO WITH THEIR
CHILDREN.

AND THESE ARE OBVIOUSLY CHILDREN
WHO ARE VERBAL, BUT THE IDEA
THAT YOU CAN PLAY THESE WITH
KIDS, SO MOM OR DAD CAN SAY,
YOU'RE PLAYING TIC-TAC-TOE.

WHEN YOU CHOOSE THIS BOX, YOU
CAN USE THAT AS A TIME TO TALK
ABOUT WHEN YOU FELT LOVED, WHAT
WAS THE STORY AROUND THAT, WHEN
YOU FELT GUILTY, HOW DID YOU
FEEL, WHAT MADE YOU FEEL BETTER?
JUST AS A WAY TO TALK ABOUT
FEELINGS THAT I THINK CAN BE
DIFFICULT FOR CHILDREN TO TALK
ABOUT.

AND I THINK IT'S A GREAT EXAMPLE
FOR AN ADULT TO HAVE A TOOL THAT
IS FOR THEIR CHILD, BUT IT MIGHT
HELP THEM ENGAGE IN THINKING
ABOUT THESE THINGS FOR
THEMSELVES, BECAUSE NOBODY EVER
STOPS TO TAKE THE TIME TO DO

THAT.

SO I MENTIONED I HAVE FOUR
CHILDREN.

I AM GOING TO TELL YOU THAT I
HATE TO BE SHALL THE BEGINNING
OF THE DAY.

THE BEGINNING OF THE DAY AT OUR
HOUSE IS, YOU GOTTA DO
BREAKFAST, YOU GOTTA --
APPARENTLY THEY WANT TO YOU WEAR
CLOTHES TO SCHOOL EVERY DAY.

I DON'T UNDERSTAND.

YOU HAVE TO GET SHOES ON, YOU
HAVE TO FIND HOMEWORK, THE
BACKPACK, THE PERMISSION SLIPS,
SO THERE'S SO MANY THINGS GOING
ON, RIGHT?

SO TYPICALLY THERE'S LIKE AGH!
WE'RE TRYING TO GET ALL THESE
THINGS TOGETHER.

SO THIS IS AN EXAMPLE OF A
MINDFUL PRACTICE THAT FOLKS WHO
DO WITH THEIR CHILDREN EVERY
DAY.

SO YOU GET OUT THE DOOR,

FINALLY, RIGHT, AND MAYBE
THERE'S YELLING, MAYBE THERE WAS
SOME PRESSURE TO DO THIS FASTER,
IT'S A RUSH TIME OF DAY.
SO WE CAN TAKE TIME TO TAKE DEEP
BREATHS TOGETHER, AS WE'RE
GETTING INTO OUR CAR, INTO THE
BUS, ON THE SUBWAY, OR WALKING
TO SCHOOL, WHERE WE PRACTICE
RELAXING PARTS OF OUR BODIES
TOGETHER.
IT HELPS BOTH MOMS AND KIDS.
AND WE USE THE SAME THING AT
BEDTIME.
CHILDREN LOVE RITUALS.
SO IF WE PUT A STUFFED ANIMAL ON
THAT CHILD'S BELLY AND WE HAVE
THEM MOVE IT UP AND DOWN AS THEY
BREATHE, YOU END THE DAY IN A
VERY CENTERED AND SWEET WAY.
AND "IF I STAY" WE WERE ALL
TOGETHER YOU WOULD BE LAUGHING
HIS TEARICALLY, I PROMISE,
BECAUSE WHEN WE DO TRAINING WE
BRING BUBBLES, AND WE BRING

STRAWS.

AND YOU BREAK INTO TEAMS OF
THREE TO FIVE, AND YOUR JOB IS
TO BLOW UP THE BUBBLES AND
SOMEONE IS THE TIMEKEEPER AND
WHOEVER --

WHICHEVER GROUP KEEPS THE BUBBLE
UP IN THE AIR AND ALIVE THE
LONGEST WINS A PRIZE.

IT'S A GREAT TOOL TO TEACH
PARENTS AND KIDS TO DO TOGETHER.

FUNNY, FUN, SILLY THING TO DO
WITH YOUR STUDENTS IF YOU'RE
WORKING EARLY CHILD CARE,
THEY'RE LAUGH, LAUGH, LAUGH.

AND AGAIN, IT'S TEACHING THEM
THE IMPORTANT TOOLS AROUND
BREATHING AS THE SELF-REGULATORY
PRACTICE.

IT REALLY MAKES A DIFFERENCE.

HERE'S SHOTHER GAMES TO PROMOTE
ATTACHMENT AND SELF-REGULATION.

I BELIEVE YOU GOT A PDF ON THESE
GAMES, SO I'M NOT GOING TO GO
INTO DETAIL NOW.

I DO WANT TO MENTION THAT Q.R.
CODE THAT I TALKED ABOUT GOES
DIRECTLY TO THIS VIDEO, AND
HOPEFULLY SOME OF YOU HAD A
CHANCE TO WATCH IT BEFORE OUR
TALK TODAY.

IT'S CALLED CONNECTED PARENTS,
CONNECTED KIDS.

YOU CAN GOOGLE IT ON YOUTUBE,
CONNECTED PARENTS, CONNECTED
KIDS, ONE WORD, AND WATCH THE
VIDEO.

AND I THINK THE REASON IT'S SO
WONDERFUL IS IT MEETS PARENTS
WHERE THEY ARE.

SO OUR GOAL IS TO DESTIGMATIZE
ACES AND THE PREVALENCE OF
TRAUMA, AND WE WANT TO ALSO
NORMALIZE USING RESOURCES.

SO THAT WARM REFERRAL FRAMEWORK
FOR ALL OF THE STUFF WE DO HERE
AT FUTURES IS SUCH AN IMPORTANT
PART OF GETTING BUY-IN ON THE
PART OF THE PARENTS AND HELPING
THEM FEEL SAFE.

AND WE REALLY THINK THIS IS IS A
PRIMARY PREVENTION TOOL AROUND
CHILD ABUSE, AND IT'S IMPORTANT
BECAUSE WE KNOW FROM OUR WORK
WITH PARENTS THAT IT MAKES THEM
FEEL SUPPORTED AND THEY DON'T
SEE IT AS PUNITIVE OR
JUDGMENTAL.

SO WHAT OUR TALK TODAY WAS
ABOUT, IT WAS ABOUT ADVERSITY,
IT WAS ABOUT ADVERSITY, BUT
IDEALLY WE END WITH THIS
FRAMEWORK OF RESILIENCY AND
HOPE.

SO WE KNOW RESILIENCY BUFFERS
THE EFFECTS OF TRAUMA.

SO WHEN WE'RE THINKING ABOUT
ACES, THINKING ABOUT TRAUMA,
WE TALK TO FAMILIES ABOUT THIS,
WE HAVE TO HAVE THESE IN PLACE
AROUND THE THINGS THAT MAKE A
DIFFERENCE FOR CHILDREN'S AND
MOTHERS AND FATHERS.

AND CAREGIVERS.

SOCIAL SUPPORT AND RESOURCES

BUILD RESILIENCY ACROSSED LIFE

SPAN.

SO I KNOW THERE ARE A NUMBER

OF --

SOME OF YOUR PROGRAMS ARE

ENGAGING IN THIS, I KNOW THERE'S

A NUMBER OF NATIONAL PROGRAMS

COOLED TOOLBOX THAT REALLY HELPS

WITH SOCIAL EMOTIONAL LEARNING,

THESE WOULD BE THE

RECOMMENDATIONS THAT WE WOULD

SUGGEST TO YOU AROUND SUPPORTING

CHILDREN.

AND WE KNOW TRAUMA INFORMS CARE

CAN INCREASE THE EFFECTIVENESS

OF HEALTH SERVICES, EARLY

EDUCATION, AND CASE MANAGEMENT

SERVICES.

SO TRAUMA AND ACEs.

SO HELPING PARENTS AND

CAREGIVERS UNDERSTAND HOW ACEs

AND TRAUMA AFFECT HEALTH,

RELATIONSHIPS AND PARENTING

MATTERS GREATLY WHEN IT COMES TO

ENDING INTERGENERATIONAL

VIOLENCE.

I GUESS I HAVE A FINAL LITTLE

QUESTION FOR YOU ALL.

DO YOU THINK UNIVERSAL EDUCATION

USING THE CONNECTED KIDS CARD

ARE THINGS YOU WOULD LIKE TO

SHARE WITH PARENTS AND

CAREGIVERS IN YOUR PROGRAM?

SO LET ME KNOW WHAT YOUR

THOUGHTS ARE ON THIS.

MIE, IF YOU WOULDN'T MIND

PUTTING UP A POLL.

I THINK WE HAVE A POLL QUESTION

FOR THIS.

YES, NO, AND UNSURE.

DO YOU THINK THE UNIVERSAL

EDUCATION APPROACH USING THE

CONNECTED KIDS CARD ARE THINGS

YOU WOULD LIKE TO SHARE WITH

PARENTS AND CAREGIVERS IN YOUR

PROGRAM?

PERFECT.

WE'LL KEEP GOING.

I'D LOVE TO HEAR FROM MORE

FOLKS.

OK.

WE'RE GOOD, MIE, ON THE POLL.

SO THANK YOU FOR THAT.

AND I HAVE ONE MORE SLIDE, I

THINK.

THIS IS WHERE I WANT TO END MY

TALK TODAY.

I LOVE THIS QUOTE.

OUR FRIEND ERIN FAIRCHILD IN

PORTLAND IS THE ONE THAT I

BORROWED THIS FROM, BECAUSE IT

WAS ON HER EMAIL AND I REAL --

IT REALLY STUCK WITH ME, AND I

HOPE IT WILL BE SOMETHING THAT

STICKS WITH YOU TOO.

WHAT WE SAY AND WHAT WE DO

ULTIMATELY COMES BACK TO US, SO

LET US OWN OUR RESPONSIBILITY,

PLACE IT IN OUR OWN HANDS AND

CARRY IT WITH DIGNITY AND

STRENGTH.

AND I THINK THIS IS OUR

OPPORTUNITY AS FOLKS IN THE

FIELD FORGING THE PATH AROUND

HOW WE HOLD ALL OF THESE PIECES

TOGETHER AND MAKE A REAL
DIFFERENCE IN THE LIVES OF OUR
FAMILIES AND CHILDREN.
I JUST WANT TO THANK YOU ALL SO
MUCH FOR JOINING US, AND WE'RE
GOING TO HAVE AN OPPORTUNITY TO
ANSWER SOME QUESTIONS AND I KNOW
WE MAY NOT GET TO ALL OF THEM,
BUT I PROMISE WE'LL TRY TO GET
TO ALL OF THEM IN WRITING IF WE
DON'T HAVE A CHANCE TO DO IT
VERBALLY IN THE NEXT 25 MINUTES.
SO WITH THAT I'LL TURN IT OVER
TO LEIANA, BECAUSE I BELIEVE SHE
HAS SOME QUESTIONS THAT HAVE
COME IN.
A LOT OF QUESTIONS.
OH, DEAR.
A BIG PIECE OF PAPER SHE'S GOT.
SO PLEASE, LEIANA.
>> SURE.
WELL, FIRST I WANT TO SAY THANK
YOU TO REBECCA.
THAT WAS AN UNBELIEVABLE AMOUNT
OF KNOWLEDGE AND EXPERTISE.

VERY WELL PRESENTED.

SO THANK YOU VERY MUCH FOR THAT.

I WAS WATCHING THE CHAT AND

EVERYONE KEPT SAYING THIS IS

GREAT, THIS IS GREAT, I'M A HEAD

START TEACHER THIS, IS

WONDERFUL.

THE MATERIALS WERE APPLICABLE

ACROSS A LOT OF AUDIENCES TODAY.

WITH THE THANKS IN MIND, WE HAVE

A FEW QUESTIONS, AND I APOLOGIZE

AHEAD OF TIME IF WE DON'T GET TO

EVERYONE.

BUT ONE THAT CAME ON EARLY --

CAME IN EARLY ON THAT I THOUGHT

YOU COULD JUST SAY A LITTLE BIT

MORE ABOUT, IT'S SORT OF A

TWO-PARTER.

WHEN YOU SAY ACEs AREN'T A

DESTINY, CAN YOU SAY A LITTLE

BIT MORE, AND HOW DO WE THINK

ABOUT REVERSING THE IMPACT OR

THINKING ABOUT BUILDING

RESILIENCY WHEN TRAUMA HAS

OCCURRED?

>> THAT'S A GREAT QUESTION.

ACEs IS ISN'T A DESTINY.

I'VE USED MY OWN STORY.

I WAS A CHILD WHO GREW UP IN AN
INCREDIBLY ABUSIVE HOME, I WAS
SEXUALLY AND PHYSICALLY ABUSED
BY MY FATHER, AND WITNESSED MY
MOTHER BEING ABUSED, MY FATHER
WAS INCARCERATED BECAUSE OF THE
ABUSE OF MY MOTHER, HE HAD A
MASSIVE SUBSTANCE ABUSE PROBLEM,
MENTAL HEALTH PROBLEM, NEEDLESS
TO SAY, MY ACE SCORE IN MY LIFE
SCORE IS VERY MUCH REFLECTIVE OF
THE CONVERSATION THAT WE'RE
HAVING.

SO WHEN I SAY IT ISN'T A
DESTINY, I'M SAYING TO ALL OF
YOU THAT I'M ON THIS WEBINAR,
AND I AM IN A VERY HAPPY AND
HEALTHY RELATIONSHIP.

I'M NOT SURE THAT MY CHILDREN
WOULD ALWAYS --
ESPECIALLY MY TEENAGERS, I CAN
TELL YOU NONE OF THE ABUSE I

EXPERIENCED IN CHILDHOOD WAS
EVER REPEATED EVER, EVER, EVER
IN MY HOME.

AND IN FACT I DON'T HAVE A WHOLE
HOST OF HEALTH ISSUES.

SO WHEN I TALK ABOUT IT'S NOT A
DESTINY, WHAT I MEAN FOR THE
INDIVIDUAL, AND I HAVE --

I CAN TELL YOU THE REASONS WHY
THAT WAS --

I HAD THIS THING HAPPEN IN MY
LIFE --

GOOD THINGS IN SPITE OF THE BAD
THINGS.

AND I THINK SOME OF IT IS TRULY
HOW I'M WIRED.

GOING BACK TO THE EXAMPLES I
GAVE ABOUT KIDS THE ARE GOING TO
HANDLE IT DIFFERENTLY.

LIKE FOR ANY OF YOU WHO HAVE
CHILDREN, YOU PARENTED THE SAME
WAY AND YOU GOT TWO VERY
DIFFERENT LITTLE PEOPLE IN FRONT
OF YOU.

I GUESS THAT'S THE BEST WAY TO

ANSWER IT.

THE PROBLEM WHEN YOU LOOK AT
POPULATION-BASED DATA, SO WE'RE
ABLE TO SAY, AS POPULATION, WHEN
THEY WERE LOOKING AT 17,000
PEOPLE AT KAISER PERMANENTE AND
THEIR ACE SCORES, THEY WERE
CLUMPING THEM TOGETHER.

THEY WERE LOOKING AT CHART DATA
THAT SAID, YEAH, YOU'RE MORE
LIKELY --

FOUR TIMES MORE LIKELY TO HAVE
SUICIDAL IDEATION IF YOU HAD
FOUR OR MORE ACES.

BUT IF I WERE TO SAY, WHAT'S THE
DIFFERENCE BETWEEN REBECCA AND
LEIANA, AND I DON'T KNOW WHAT
LEIANA'S ACE SCORE IS OR IF SHE
EVEN HAS ONE, WE ARE INDIVIDUALS
THAT ARE NOT PART OF THAT GREAT
BIG POPULATION NECESSARILY THAT
THEY'RE LOOKING AT.

WE ARE --

THERE'S ALWAYS EXCEPTIONS TO THE
RULE, I GUESS.

AND THAT'S PART OF THE POINT

WE'RE TRYING TO MAKE.

I HOPE, LEIANA, DO YOU THINK

THAT ANSWERS IT?

>> ABSOLUTELY.

>> THERE WAS A SECOND PART I GOT

LOST.

>> I KIND OF MERGED THE TWO INTO

ONE.

THAT'S GOOD.

ARE THERE OTHER THINGS THAT WE

CAN ENCOURAGE OUR FAMILIES THAT

WE WORK WITH, OUR MOTHERS AND

CHILDREN TO DO TO PROMOTE

RESILIENCY?

WE TALKED ABOUT BREATHING AND

SOME ACTIVITIES LIKE THE

BUBBLES.

ARE THERE OTHER JUST EVERYDAY

THINGS THAT WE CAN DO?

>> THERE ARE.

I'M NOT --

I DIDN'T GET TO SHOW YOU ALL THE

PANELS OF THE CARD BECAUSE I HAD

SO MUCH TO SAY, THERE WASN'T

ENOUGH TIME.

ONE OF THE PANELS OF THE CARD
TALKS ABOUT A SIMPLE MEASUREMENT
FOR SUCCESS.

LIKE WE ALL HAVE BAD DAYS AS
PARENTS.

LET'S SAY MOM YELLED AT A CHILD
THAT DAY, OR IT WAS A REALLY
TOUGH MORNING, LOTS OF TEARS.

SO HOW AT THE END OF THE DAY DO
WE MEASURE SUCCESS IT?

TALKS ABOUT SPECIFICALLY READING
TO YOUR CHILD.

SINGING TO YOUR CHILD.

LAUGHING WITH YOUR CHILD.

THESE ARE --

THIS IS NOT ROCKET SCIENCE.

BUT IT --

THESE ARE THE THINGS THAT REALLY
MATTER.

EATING WITH YOUR CHILD, HOLDING
YOUR CHILD, CUDDLING WITH YOUR
CHILD, ALL OF THOSE THINGS.

SO WHEN YOU'RE HAVING A HARD --

WHEN MOM IS HAVING A HARD TIME,

YOU SAW THAT GREAT IMAGE OF
LUKE, THE LITTLE BOY IN THE
PICTURE, GIVING HIMSELF A BIG
HUG.

WHAT IF AFTER A HARD MOMENT WITH
KIDS, WE JUST DID THAT WITH THE
CHILD AND WITH THE MOM, BECAUSE
THE MOM NEEDS THAT HUG AS MUCH
AS THE CHILD DOES.

AND I THINK WHEN WE CAN TALK A
LITTLE BIT ABOUT EMPATHY IN THIS
SYSTEMATIC AND ORGANIZATIONAL
WAY, AND HOW WE MODEL THIS AS
THE CAREGIVERS, AS THE TEACHERS,
AS IN WHAT WE DO, I'M NOT SAYING
RANDOMLY RUN UP AND HUG EVERY
PARENT YOU SEE, BECAUSE THAT MAY
NOT BE APPROPRIATE.

BUT I AM SAYING THAT WE HAVE AN
OPPORTUNITY TO TEACH THIS
THROUGH THE EYES OF LOVING A
CHILD, AND SAY AT THE SAME
TIME --

AND I ACTUALLY DO THIS FOR ME
TOO, RIGHT?

THIS MAKES A DIFFERENCE FOR ME

TOO.

AS A TEACHER.

I'M HAVING A BAD MOMENT, I HUG

MYSELF TOO.

OH, THAT MADE ME SAD IN CLASS.

SO WHEN JOHNNY HIT SALLY, THAT

MADE ME SAD IN CLASS, AND I FEEL

LIKE I NEED TO GIVE MYSELF A

LITTLE HUG RIGHT NOW TO MAKE IT

BETTER.

AND THESE ARE EXAMPLES OF HOW WE

CAN DO SORT OF A MORE PROFOUND

INTEGRATION THAT WE'RE REALLY

PASSING ON HERE.

>> THANK YOU.

DO YOU HAVE --

THERE WAS A QUESTION THAT CAME

IN AROUND STRATEGIES FOR HELPING

KIDS AND MOMS WHEN THEY FIND OUT

THERE'S ACTIVE DOMESTIC VIOLENCE

HAPPENING.

SO DO YOU HAVE ANY THOUGHTS ON

THAT?

>> I WANT TO SAY THAT MY

FABULOUS PARTNER OVER HERE,
LEIANA KINNICUT AND LANA DAVIS
HAVE JUST COME OUT WITH --
THESE ARE LITERALLY STILL HOT
OFF THE PRESS, I'M NOT SURE
THEY'RE ON THE WEBSITE, TOOLS
THAT ARE ABOUT HELPING MOMS
DURING ACTIVELY VIOLENT
RELATIONSHIPS SUPPORT THEIR
CHILDREN.

AND I'M GOING TO NOT ANSWER THE
QUESTION, BECAUSE I THINK LEIANA
IS PROBABLY KNOWS MORE ABOUT
THIS PARTICULAR TOOL.

THESE LITERALLY I SAW THEM FOR
THE FIRST TIME LAST WEEKEND AND
IT WAS JUST A GLANCE.

>> WELL, I WOULD SAY FIRST OF
ALL IF THAT INFORMATION DOES
COME TO LIGHT, NORMALIZING IT
AND DOING SOME SUPPORTIVE
COUNSELING IN THE MOMENT IS
ALWAYS THE BEST --

A RECOMMENDED STRATEGY.
IN ADDITION TO REACHING OUT TO

HOPEFULLY YOUR COMMUNITY
PARTNERS, DOMESTIC VIOLENCE
PROGRAMS, CALLING THE HOTLINE
WITH YOUR --
WITH THE MOM, CALLING TOGETHER,
DOING SOME BASIC SAFETY
PLANNING, AND OUR FUTURES
WITHOUT VIOLENCE WEBSITE, IN
ADDITION TO THE PROMISING
FUTURES WEBSITE HAS A NUMBER OF
RESOURCES.

BUT I WOULD HIGHLY RECOMMEND
REACHING OUT TO A LOCAL ADVOCATE
TO GET SOME GENERAL INFORMATION
AND HELP.

OBVIOUSLY WHEN YOU'RE WORKING
WITH CHILDREN THERE ARE CONCERNS
AROUND SAFETY AND --
FOR THE CHILDREN AS WELL AS THE
MOM.

SO CERTAINLY MAKING SOME PHONE
CALLS AND REACHING OUT TO YOUR
COLLEAGUES FOR HELP AS WELL.

BUT YES, WE WILL SEND SOME OF
THOSE DIRECT LINKS FOR THE

RESOURCES THAT ARE HOT OFF THE
PRESSES, OUT IN ADDITION TO --
I KNOW THERE'S BEEN QUESTIONS
ABOUT SOME PEOPLE DIDN'T RECEIVE
SOME OF THE LINKS OR THE PDF
AHEAD OF TIME, AND I APOLOGIZE,
AND WE'LL SEND OUT ALL OF THE
TOOLS THAT WERE MENTIONED ON THE
WEBINAR IN ADDITION TO THE
VIDEOS, SOME OF THESE SAFETY
TOOLS THAT I JUST MENTIONED, IN
ADDITION TO THE POWER POINT
SLIDE AFTER THE WEBINAR.
AND FOLKS HAD ALSO ASKED IF IT
WAS OK TO SHARE THE POWER POINT
SLIDE.
AND I'M THINKING THAT THAT'S A
YES.
WE HAVE IT IN A PDF.
AND THEN IF ANYONE WOULD LIKE
ADDITIONAL --
THERE WERE SOME ITEMS IN THE
CHAT ABOUT WANTING MORE
PRESENTATIONS PRESENT REBECCA,
AND I THINK IF YOU WANT MORE

INFORMATION OR PRESENTATIONS
ABOUT THIS SUBJECT MATTER, WE
HAVE A VARIETY OF SORT OF
WORKSHOPS, DIFFERENT LINKS,
DIFFERENT TRAINING TOOLS THAT
YOU CAN DO ONLINE, SOME THAT YOU
CAN DO IN PERSON, SO I WOULD
ENCOURAGE YOU TO REACH OUT TO MY
COLLEAGUE EITHER MIE OR MYSELF
AND WE CAN SORT OF POINT YOU IN
THE RIGHT DIRECTION.

REBECCA, GO AHEAD.

>> ONE THING I WANT TO MENTION
RELATED TO THIS, WE DO HAVE --
THIS IS SORT OF BORN OUT OF A
BIG SECOND EDITION THAT FUTURES
JUST DID AROUND A HOME
VISITATION CURRICULUM CALLED
HEALTHY MOM THE, HAPPY BABIES.
WE JUST CAME OUT WITH THE SECOND
EDITION.
WE DECIDED TO SORT OF DO AWAY
WITH THE MODULES ON KIDS EXPOSED
TO VIOLENCE, AND MOTHERING AFTER
VIOLENCE AND REALLY BRACE IT IN

CHILDHOOD EXPERIENCES.

SO ONE OF THE THINGS I WANT TO SAY IS THAT WHILE HEALTHY MOMS HAPPY BABIES WAS DEVELOPED WITH THE HOME VISITATION IN MIND, IT IS APPLICABLE TO SO MANY OTHER PROGRAMS.

IN TERMS OF HOW DO WE HAVE SOME OF THESE CONVERSATIONS WITH MOMS, HOW DO WE DO UNIVERSAL EDUCATION AROUND HEALTHY AND SAFE RELATIONSHIPS, WE HAVE A WHOLE MODULE --

WE DIDN'T EVEN TOUCH ON THAT TODAY, BUT I WANTED TO MENTION THAT AS ANOTHER RESOURCE, AND I'LL HAVE LEIANA FORWARD THAT OUT TO YOU AS WELL, BECAUSE I THINK IT'S SUPER VALUABLE IN TERMS OF HOW DO YOU HAVE THAT KIND OF SPECIFIC CONVERSATION.

>> TWO OTHER QUESTIONS THAT CAME IN, ONE WAS AROUND DIFFERENT LANGUAGES FOR THE CARDS.

I KNOW THAT UNFORTUNATELY RIGHT

NOW THE CONNECTED PARENTS, THE ONE WE SHOWED ON THE WEBINAR IS NOT AVAILABLE IN SPANISH BUT WE'RE WORKING ON IT.

SO IT SHOULD BE AVAILABLE IN THE NEXT COUPLE MONTHS.

BUT IF YOU GO TO THE FUTURES WITHOUT VIOLENCE WEBSITE, ON YOUR ORDER, THE MATERIALS, THERE ARE A NUMBER OF MATERIALS YOU CAN DOWNLOAD FOR FREE AS WELL AS ORDER HARD COPIES FOR FREE.

AND IF ANY OF YOU HAVE TROUBLE DOING THOSE ORDERS, I KNOW OUR WEBSITE CAN MAKE YOU JUMP THROUGH A FEW HOOPS TO GET THERE, PLEASE EMAIL ME DIRECTLY, AND I WILL HELP YOU GET THROUGH THE PROCESS.

I KNOW THERE WAS ANOTHER QUESTION ABOUT ACCESSING LOCAL RESOURCES IN TERMS OF LANGUAGE ACCESS, AND AGAIN, I WOULD ENCOURAGE YOU TO CALL EITHER YOUR STATE COALITION, DOMESTIC

VIOLENCE AND SEXUAL ASSAULT, OR
THE NATIONAL DOMESTIC VIOLENCE
HOTLINE, THEY HAVE ACCESS TO
MULTIPLE LANGUAGE SERVICES THAT
CAN PROVIDE ADVOCATES ACROSS A
VARIETY OF LANGUAGES, AND HELP
YOU FIND SERVICES IN YOUR LOCAL
COMMUNITY.

OR HOPEFULLY NEARBY.

THE OTHER RE--

>> THE OTHER RESOURCE I WANTED
TO MENTION, WE TOUCHED VERY
BRIEFLY ON STAFF'S OWN EXPOSURE
TO TRAUMA.

AND IN THE HEALTHY MOMS HEALTH
BABIES CURRICULUM, THE FIRST
HOUR AND A HALF IS DEDICATED TO
LOOKING AT THAT ISSUE AND HOW DO
WE BUILD TRAUMA-INFORMED
PROGRAMS.

WHEN I SAY THAT, I MEAN K-12.

I MEAN EARLY CHILDHOOD.

I MEAN DOMESTIC VIOLENCE

AGENCIES, I MEAN EVERYBODY THAT

THIS HAS GOT TO BE THE WAY WE

BUILD THE PLANE, BECAUSE WE KNOW

TOO MUCH NOT TO.

AND THIS IDEA THAT WE'RE

EXPECTING STAFF OR TEACHERS OR

EARLY CHILDHOOD CAREGIVERS, OR

COUNSELORS TO BE DOING THIS WORK

AND NOT ACKNOWLEDGING THE

PREVALENCE OF THESE ISSUES IN

THEIR OWN LIVES IS JUST WRONG.

SO I VERY MUCH ENCOURAGE YOU FOR

THOSE OF YOU WHO ARE IN

LEADERSHIP POSITIONS OR IN A

POSITION TO ADVOCATE WITH YOUR

LEADERSHIP, TO REALLY BRING IN

THESE TOOLS, AND THERE'S A

NUMBER --

THE FIRST MODULE, THERE ARE A

NUMBER OF ORGANIZATIONAL TOOLS

THAT ARE THERE, AND I THINK

YOU'LL FIND THEM TO BE FAIRLY --

NOBODY HAS TO REINVENT THE

WHEEL.

WE'VE FOUND SOME REALLY GOOD

STUFF FOR YOU TO USE.

>> IDLES ENCOURAGE FOLKS TO

VISIT THE NATIONAL CHILDHOOD
TRAUMATIC STRESS WEBSITE.
SOME FOLKS ASKED ABOUT THE
GRADUATE PROGRAMS, OR OTHER
CURRICULUMS OR TRAINING
CERTIFICATION PROGRAMS ON
TRAUMA-INFORMED CARE AND ADVERSE
CHILDHOOD EXPERIENCES, AND I
THINK THE NATIONAL CHILD
TRAUMATIC STRESS NETWORK HAS A
FEW ONLINE PROGRAMS, ALSO WE
WILL SEND OUT SOME RESOURCES
RELATED TO THAT OVER EMAIL,
BECAUSE IT'S EASIER TO SEE THE
WEBSITES IN EMAILS.
I HAVE ONE SORT OF MEATY
QUESTION THAT I WANTED TO MAKE
SURE WE GET TO.
GIVEN WHAT THE --
THE PRESENTATION TODAY, ARE YOU
SUGGESTING THAT WE MOVE AWAY
FROM AN ACEs SCREENING TOOL
AND/OR ADDING IN UNIVERSAL
EDUCATION, OR WHAT --
WHAT'S OUR LATEST THINKING ABOUT

THAT?

>> REALLY GOOD QUESTION.

IT'S A FAIRLY CONTROVERSIAL
QUESTION, I LOVE THAT, LEIANA,
THANKS FOR DOING THAT TO ME.

I ACTUALLY WOULD STRONGLY
RECOMMEND THAT --
FUTURES STRONGLY RECOMMENDS
PEOPLE DO UNIVERSAL EDUCATION
FOR ALL THE REASONS YOU
HIGHLIGHTED.

I ASKED YOU TWO REALLY IMPORTANT
POLL QUESTIONS.

I ASKED THEM BECAUSE HI A GOOD
SENSE OF WHAT FOLKS WERE GOING
TO ANSWER.

AND THE FIRST QUESTION WAS, DO
YOU THINK PEOPLE WILL ANSWER IF
THEY WERE GIVEN A SCREENING TOOL
WITH, YOU KNOW, WHEN YOU WERE 18
YEARS OF AGE OR YOUNGER, DID
THIS HAPPEN TO YOU, DID THAT
HAPPEN TO YOU, LOOKING AT ALL
THOSE AREAS.

AND I ASKED IF FOLKS WOULD

ANSWER TRUTHFULLY.

AND THE ANSWER WAS SOME, RIGHT,
SOME WILL, AND THAT HAS
EVERYTHING TO DO WITH TRUST.

AND THEN THERE WERE A LOT OF
FOLKS WHO SAID NO, NO WAY, IT'S
NOT GOING TO HAPPEN BECAUSE THEY
DON'T TRUST YOU, BECAUSE THEY'RE
CONCERNED ABOUT CHILD WELFARE,
AND I ASKED IF THERE WERE
POTENTIAL HARMS RELATED TO
PARENTS' ACE SCORES, AND FOLKS
SAID, YEAH, I THINK THERE'S A
LOT OF CONCERN AROUND CHILD
WELFARE.

THOSE ARE REAL CONCERNS.

AND I THINK WHEN WE ENTER INTO
CONVERSATIONS WITH FAMILIES, WE
CREATE MORE OPPORTUNITIES FOR
LEARNING.

SO ONE OF THE THINGS THAT
FUTURES HAS LEARNED AROUND
DOMESTIC VIOLENCE SCREENING,
RIGHT, AND ON THE ONE HAND WE
WANT PEOPLE TO BE ASKED IF

THEY'RE BEING HURT IN THEIR
RELATIONSHIP, BUT WHAT WE REALLY
WANT IS A CONVERSATION TO HAPPEN
AROUND WHAT YOU DO AND DON'T
DESERVE.

AND I CAN GIVE YOU LOTS OF
EXAMPLES OF HOW SCREENING FOR
DOMESTIC VIOLENCE IS BEING DONE
TERRIBLY.

IF MY BACK IS TURNED TO YOU AND
I'M LOOKING AT A COMPUTER SCREEN
AND I SAY, NO ONE IS HURTING YOU
AT HOME, RIGHT?

YOU HAVE NO CHOICE BUT TO ANSWER
"RIGHT."

AND IF I HAND YOU A SCREENING
TOOL ABOUT DOMESTIC VIOLENCE,
AND I SAY I'M SORRY I HAVE TO
GIVE THIS TO YOU, IT'S A PROGRAM
REQUIREMENT, MY BOSS MAKES ME DO
THIS, JUST FILL IT OUT AND WE
CAN GO ON, IN BOATS OF THESE
CASES, THESE STAFF PEOPLE, WHO
I'M GOING TO ASSUME ARE
WELL-INTENTIONED, KIND, AND

CARE, THIS IS BECAUSE EITHER
THEY WERE AFRAID OF BEING
TRIGGERED THEMSELVES, THEY WERE
AFRAID OF WHAT TO DO WITH A YES
IF SHE SAID THIS WAS HAPPENING
TO THEM, AND THEY DIDN'T FEEL
PREPARED.

AND SO WHEN WE'RE TALKING ABOUT
I THINK COMPLICATED PSYCHOSOCIAL
ISSUES, THERE ARE THOSE THAT --
BRILLIANT PROVIDERS OUT THERE, I
THINK BOB LOCK IS ONE, THERE'S A
NUMBER OF FOLKS OUT THERE THAT
HAVING THESE CONVERSATIONS IS
EASY PIECEY AS MY DAUGHTER WOULD
SAY, LEMMON SQUEEZY, AND OF
COURSE THEY COULD HAVE A BROADER
CONVERSATION AND DO A DEEPER
DIVE.

AND THAT MOM OR THAT DAD IS
GOING TO FEEL FINE ABOUT THAT
CONVERSATION.

THEY'RE GOING TO LIKE THAT
CONVERSATION.

BUT WHEN I'M THINKING ABOUT

WHAT'S GOING ON IN REAL TIME IN
THE FIELD AND WHAT'S MY GOAL
HERE, MY GOAL IS TO SAY OH, MY
GOODNESS, THERE'S TONS OF
TRAUMA.

THERE'S TONS OF PARENTS WHO COME
FROM HOMES WITH ADVERSITY.
AND NOBODY HAS EVER TALKED TO
THEM ABOUT IT, NOBODY HAS TALKED
TO THEM ABOUT HOW THAT CAN
AFFECT THEIR PARENTING.

AND I THINK THAT WE HAVE THIS
CRAZY OPPORTUNITY WITH UNIVERSAL
EDUCATION TO NOT WAIT TO PROVIDE
HELP.

AND THE SAME THING IS TRUE WITH
DOMESTIC VIOLENCE.

IF I GIVE --

IF I GO OVER A SAFETY CARD, AN
EDUCATION CARD WITH EVERY
PARENT, NO MATTER WHAT, I DON'T
NEED THEM TO DISCLOSE.

I'M NOT --

MY GIVING THEM THE KEY
INFORMATION THAT THEY NEED AND

THE SUPPORT THEY NEED IS NOT
DEPENDENT ON A SCORE.
THE SAME THING TRUE FOR DOMESTIC
VIOLENCE.

IF WE SET IT UP SO THERE'S A
COME BUY FLOURIDATION OF
UNIVERSAL EDUCATION FOR SURE,
WITH EVERYONE, ACROSS THE BOARD,
AND I THINK ABOUT UNIVERSAL
EDUCATION AND ACEs LIKE
IMMUNIZATION, WE WANT EVERYONE
TO HAVE FLOUR EYE IN THE WATER
BECAUSE WE DON'T WANT THEM TO
HAVE ROTTEN TEETH.

I DON'T NEED TO KNOW IF YOUR
FAMILY HAS BETTER OR WORSE ENAM
YELL, I JUST WANT TO PUT IT IN
THE WATER.

I THINK THAT'S VERY MUCH THE WAY
WE THINK ABOUT THE UNIVERSAL
EDUCATION APPROACH.

I DID ANSWER IT?

>> YES.

I THINK IT'S VERY SIMILAR IN
TERMS OF THE 1E6-REGULATION,

SKILL BUILDING AND ALL THOSE
ACTIVITIES THAT FOLKS CAN DO IN
THE CLASSROOM, AND HEAD START,
AND CLINICS THAT BUILD THE
CAPACITY OF ALL CHILDREN, SO
WHEN THERE IS SOMEONE HAVING A
DISRUPTIVE EPISODE, THE OTHER
KIDS HAVE THIS SKILLS TO SUPPORT
EACH OTHER.

TO ME, I THINK THAT IS JUST
REALLY GOOD CLASSROOM MANAGEMENT
TO SOME EXTENT, WHEN YOU ARE
SORT OF PROVIDING BOTH CHILDREN
THE SKILLS TO BE ABLE TO HANDLE
TRAUMATIC EXPERIENCES AND LIFE,
IN ADDITION TO PROVIDING PARENTS
AND FOLKS THAT YOU WORK WITH IN
YOUR ORGANIZATION THE
INFORMATION TO BE ABLE TO
SUPPORT EACH OTHER AND HELP EACH
OTHER.

SO TO ME, IT IS REALLY SORT OF
TRUE PREVENTION AND LEADS US TO
A CLEARER PATH TOWARD EERILY
INTERVENTION.

I WANT TO THANK YOU AGAIN,

REBECCA.

WE'RE APPROACHING THE END OF OUR

TIME, AND I WANT TO MAKE SURE

THAT SHAWNDELL HAS AN

OPPORTUNITY TO CLOSE US UP.

ARE THERE ANY FINAL THOUGHTS,

REBECCA, THAT YOU WANT TO ADD

IN, OR PARTING WORDS?

I WANT TO PAKISTANI SURE YOU

HAVE ONE LAST SHOT.

>> I JUST AGAIN, I JUST WANT TO

ACKNOWLEDGE EVERY SINGLE PERSON

WHO DIALED IN TODAY AND IS GOING

TO SHARE THIS INFORMATION WITH

THEIR COLLEAGUES IN THE FIELD.

I JUST WANT TO THANK YOU FOR THE

WORK THAT YOU DO FOR FAMILIES,

IT MAKES A HUGE DIFFERENCE.

IT'S MADE A HUGE DIFFERENCE FOR

ME AS A PARENT, AND I HOPE TO

SEE MORE COMPLICATIONS AROUND

HOW WE CAN BUILD RESILIENCY, AND

BE CONNECTED PARENTS, CONNECTED

KIDS RELATIONSHIPS.

SO THANK YOU AGAIN TO EVERYONE.

>> THANKS, REBECCA.

I'M GOING TO TURN IT OVER TO

SHAWNDELL FOR OUR CLOSING.

>> THANK YOU, EVERYONE, FOR

MAKING TIME TO JOIN US.

I ALSO WANT TO THANK REBECCA AND

LEIANA FOR AN INCREDIBLE

PRESENTATION.

PLEASE KNOW THAT THE FAMILY

VIOLENCE PREVENTION AND SERVICES

PROGRAM SUPPORTS A NETWORK OF

DOMESTIC VIOLENCE SERVICES

ACROSS THE COUNTRY, INCLUDING

DOMESTIC VIOLENCE COALITIONS,

LOCAL DOMESTIC VIOLENCE

PROGRAMS, TRIBAL, DOMESTIC

VIOLENCE PROGRAMS, AS WELL AS

NATIONAL RESOURCE CENTERS.

MANY OF YOU HAVE ASKED QUESTIONS

ABOUT CULTURALLY SPECIFIC

RESOURCES, AND WE SUPPORT THREE

CULTURALLY SPECIFIC RESOURCE

CENTERS THAT.

INFORMATION WILL BE E-MAILED OUT

TO YOU ALL THERE.

ARE ALSO A WHOLE HOST OF
RESOURCES THAT ARE SUPPORTED
BOTH THAT LOOK TEWELLNESS OF
CHILDREN AND SUPPORTING ABUSED
PARENTS THAT HAVE BEEN DEVELOPED
BY FUTURES AND OUR HEALTH
RESOURCE CENTER AND OUR NATIONAL
CENTER ON DOMESTIC VIOLENCE
TRAUMA AND MENTAL HEALTH.

WE WILL BE CERTAINLY WILLING TO
SHARE ALL THAT INFORMATION WITH
YOU ALL SO WE CAN HELP YOU GET
CONNECTED TO PROVIDERS IN YOUR
LOCAL COMMUNITIES AS WELL AS
STAY CONNECTED TO NATIONAL
RESOURCES.

OUR NEXT WEBINAR WILL TAKE PLACE
ON APRIL 29th, FROM 3:00 TO
4:30 P.M.

THERE ARE FOUR WEBINARS THAT
WILL BE IN THE SERIES.

WE'LL BE SURE TO ALERT EVERYONE
WHO HAS REGISTERED FOR THIS
WEBINAR ABOUT THE APRIL 29th

WEBINAR.

IT WILL CONTINUE OUR
CONVERSATION ON UNDERSTANDING
WAYS TO SUPPORT PARENTS AS WELL
AS CHILDREN THAT ARE IMPACTED BY
DOMESTIC VIOLENCE.

AND KEEPING YOU ALL AWARE OF
UPDATED INFORMATION, RESEARCH,
AND TOOLS.

I WANT TO THANK YOU ALL AGAIN
FOR JOINING US, I WANT TO THANK
OUR PRESENTERS, AND THIS
CONCLUDES OUR WEBINAR AT THIS
TIME.

THANK YOU.

>> THANK YOU.

THIS CONCLUDES TODAY'S
CONFERENCE.

YOU MAY DISCONNECT AT THIS TIME.